



Egypt STEPS Survey 2017 Facts & Figures



World Health
Organization
Egypt



Target population	National household survey on persons aged 15-69 years old
Sample size	6680 households participated in the survey out of 7200 HH (94.3% response rate)
Conducted by	Ministry of Health and Population, Central Agency for Public Mobilization and Statistics and World Health Organization

95.2 Million
Total Population



5.2% of GDP
Total health expenditure



NCDs
85% of
all DEATHS

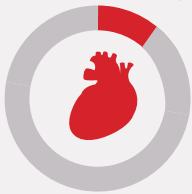


71.32 years
Total life expectancy at birth



NCDs risk factors Prevalence

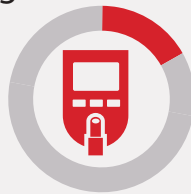
7.7%
CVD Risk $\geq 30\%$
among 40-69ys



29.5%
Raised blood
pressure



15.5%
Raised blood
glucose level



19.2%
Raised total
cholesterol



9gm
Salt intake/day

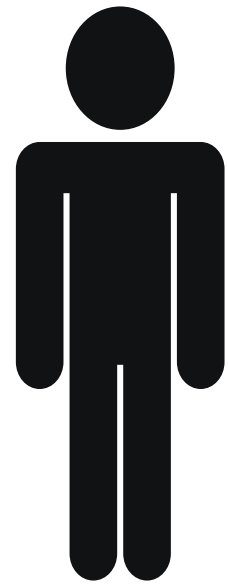


0.5% **22.7%** Current tobacco smokers 43.4%

96.3% **79.1%** Not engaged in vigorous activity 63.0%

90.5% **90.3%** consuming <5 serving of fruit and vege/day 90.2%

48.8% **35.7%** obese BMI >30 kg/m² 24.8%



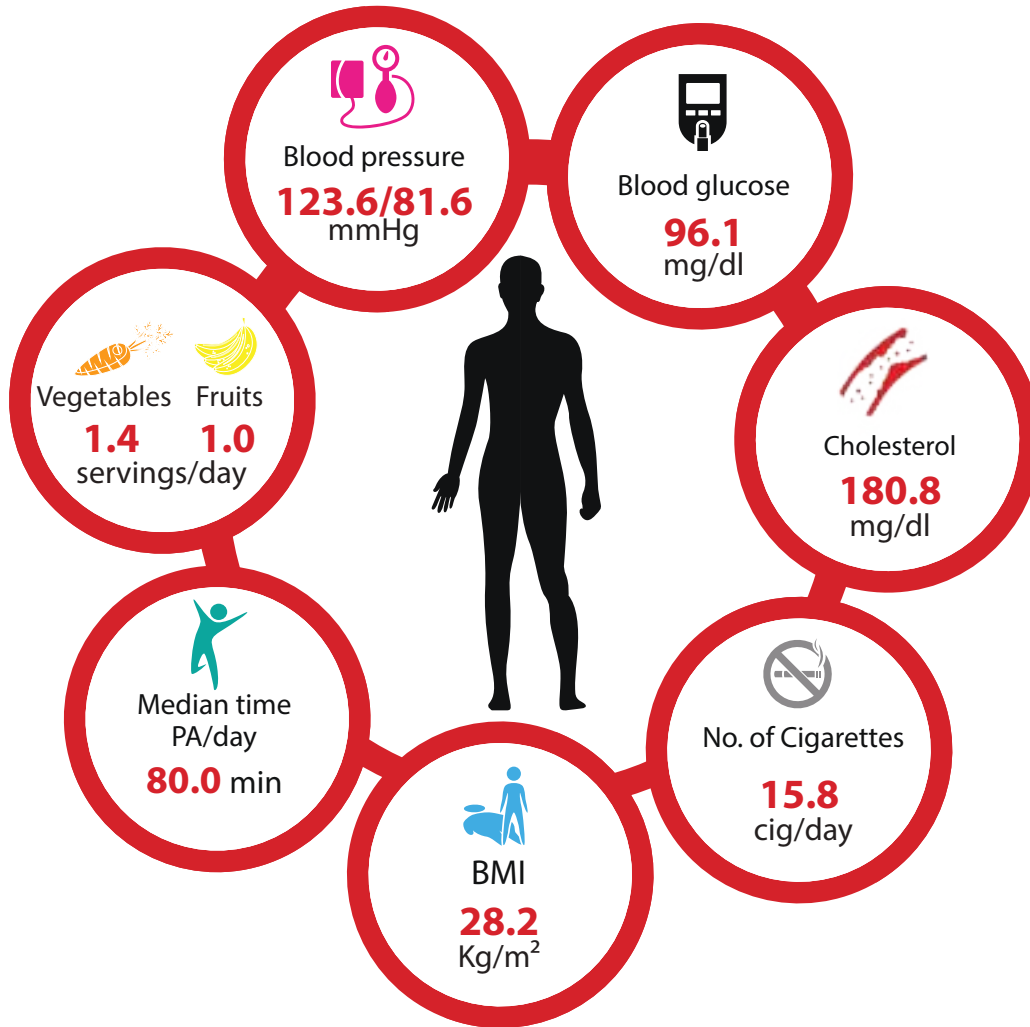


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Mean level of NCDs risk factors



Comparison between STEPwise results 2012 and 2017 (95% CI)

STEPS 2012		STEPS 2017
24.4% (19.9-28.8)	Current tobacco smokers	22.7% (21.4-24.0)
31.3% (27.4-35.1)	Obesity	35.7% (34.1-37.3)
32.1% (26.6-37.7)	Low level Physical Activity	31.6% (29.7-33.6)
39.7% (37.0-42.4)	High Blood pressure	29.5% (28.0-31.0)
17.2% (9.4-25.0)	High Blood glucose	15.5% (13.4-17.6)
11.9% (6.3-17.5)	High Cholesterol	8.2% (6.6-9.9)