



Advocating for people with type 1 diabetes around the world

April 16, 2025

To the Expert Committee at the World Health Organization regarding the application for A.18 Insulin, analogue rapid-acting – diabetes mellitus

My name is Erin Moore. I was diagnosed with diabetes at the age of seven, which means I have depended on insulin to live 33 years.

I have the privilege of being born in the United States, so I have lived a healthy and successful life. I believe that anyone with type 1 diabetes should live a healthy, successful life, no matter where they are born.

Type 1 Diabetes is a horrible disease, requiring constant and vigilant monitoring. It is taxing on one's mental health, even with the best management. I remember when I switched from "R" insulin to Humalog because my life changed dramatically—for the better. I could live a more "normal" life, sharing meals with my friends and family and exercising when I wanted to.

There is a reason why most endocrinologists, in my country, seem to no longer prescribe human insulin to patients with type 1 diabetes. Why shouldn't the rest of the world have the same access?

We urge the World Health Organization to act decisively: recognize all insulins as essential. Because access to ALL insulin is a right—not a privilege.

Sincerely,
Erin V. Moore
Person living with type 1 diabetes
T1International #insulin4all Advocate in USA