

**La Paz, March 11, 2025**



"20 years working  
together"

WHO Expert Committee on the Selection and Use of Essential Medicines:

I am writing in my capacity as President of the Latin American League of Experts in ADHD (LILAPETDAH) from La Paz, Bolivia. Our organization brings together colleagues from Argentina, Chile, Brazil, Paraguay, Guatemala, El Salvador, Uruguay, Peru, Ecuador, Nicaragua, Colombia, Venezuela, Honduras, the Dominican Republic, Mexico, and Bolivia. This organization was founded in 2007, along with the first Declaration of Fourteen Points, which highlights in points 23 to 27 the importance of ensuring pharmacological treatment for the population with ADHD. These treatments include methylphenidate, amphetamines, atomoxetine, and other medications, aiming for ADHD to be considered a health priority in Latin American countries and to be included in the social support programs of the health services of various governments.

During the third meeting of our organization, held in Cartagena, Colombia, in 2009, several conclusions were reached regarding treatment, with a focus on developing the best strategies for diagnosis and treatment, thereby reducing the stigma surrounding this mental health issue.

In our last meeting in Buenos Aires in 2024, we continued to share the concerns of our patients and their families regarding the high cost of methylphenidate, which often results in treatment discontinuation despite its proven effectiveness and efficacy.

Thus, we affirm: in our Latin American countries, methylphenidate is the first-line treatment, with excellent results in our population. It is a medication that has changed the lives of many children and adolescents, as well as their families, for the better.

In this regard, we join in requesting that this medication be included in the WHO Essential Medicines List.

Hoping to be considered, I bid you farewell, extending my warmest regards. I trust that this first contact will mark the beginning of future collaborations. (See attached expert signatures).

President of the Latinamerican League for  
the study of ADHD LILAPETDAH

Past President of the Latinamerican  
Federation and Association of Child &  
Adolescent Psychiatrists and related  
professions, FLAPIA  
Past President of the Latinamerican  
League for the study of ADHD, Lilapetdah



## **LATIN AMERICAN LEAGUE FOR THE STUDY OF ADHD.**

### **Signatures of professional representatives from countries.**

1. Juan David Palacio, Colombia
2. Luis Rhode, Brasil
3. Roberto Pallia, Argentina
4. Adriana Gutiérrez, Chile
5. Gaston Schmidt, Bolivia
6. Cristina Mageste, Brasil
7. Rosario Martínez, Bolivia
8. Dra Myriam Velarde, Perú
9. Oscar Sánchez, México
10. Gladys Sacaria , México
11. Ana Maria Shapiro, Costa Rica
12. Xenia Duran, El Salvador
13. Deseado Guzmán, Rep. Dominicana
14. Yosira Ortiz, Rep. Dominicana
15. Karla Perez, Rep. Dominicana
16. Lic Stephanie Suarez, Rep. Dominicana
17. Brenda Santana, Rep. Dominicana
18. Yaneris Echabarría, Rep. Dominicana
19. Pedro Polanco, Rep. Dominicana
20. Amy Mena, Rep. Dominicana
21. Josefina Rondon, Rep. Dominicana
22. Andrés Arce, Paraguay
23. Anie Arias, Rep. Dominicana
24. Elizabeth Rodríguez, Rep. Dominicana
25. Ana Robles, Rep. Dominicana
26. Dra. Acero, Rep. Dominicana
27. Maryta Calderón Marchena, México
28. Viviana Riego Meyer, Paraguay
29. Virginia Ortiz, Guatemala
30. Luis Ortega, Gran Canaria, España.
31. Jose Roedan, Rep. Dominicana
32. Janleyda Oleaga, Rep. Dominicana
33. Ivan Mercader, Rep. Dominicana
34. Máximo Del Villar, Rep. Dominicana
35. Clara López, Rep. Dominicana
36. Cristian López, Rep. Dominicana
37. Dayana González, Rep. Dominicana
38. Patricia Peña, Rep. Dominicana
39. Yaneris Polanco, Rep. Dominicana
40. Jose De Los Santos, Rep. Dominicana
41. Ana María Deschamps, Rep. Dominicana
42. Evelyn Lora, Rep. Dominicana
43. Miguelina León, Rep. Dominicana
44. Diana Molina, Mexico
45. Moises Taveras, Rep. Dominicana
46. Laura Viola, Uruguay
47. Patricia Jerez, Rep. Dominicana
48. Zuleika Morillo, Rep. Dominicana
49. Eduardo Barragan, Mexico
50. Xenia Duran, El Salvador