

Stockholm 18 April 2025

To: 25th WHO Expert Committee on Selection and Use of Essential Medicines

**EML** Secretariat

emlsecretariat@who.int

## Subject: "A.19 Methylphenidate – attention deficit hyperactivity disorder"

This is a letter to confirm that the Board of The Swedish National Association Attention supports the proposal to add methylphenidate-based drugs to the WHO list of essential drugs, which is further described in: "A.19 Methylphenidate – ADHD."

ADHD drugs based on the active ingredient methylphenidate have long proven to be an effective option when it comes to treating ADHD, for both children and adults.

Given the extensive research already available, we believe it is time to include methylphenidate in the WHO Model Lists of Essential Medicines (EMLs) and Essential Medicines for Children (EMLc).

Respectfully,

Ann-Kristin Sandberg

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President of The Swedish National Association Attention

The Swedish National Association Attention is a non-governmental, non-profit organization for children, adolescents, and adults with neuropsychiatric disorders such as adhd, autism and Tourette syndrome.

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