

To whom it may concern,

I am writing to comment on the need for baclofen to be on the WHO list of essential medications.

I have spastic hemiplegic cerebral palsy. In recent years, my spasticity has been difficult to manage. There is currently no treatment for cerebral palsy. However, medications can help ease symptoms. Baclofen has helped my quality of life, aiding better sleep through a reduction of muscle spasms.

Cerebral palsy is one of the most common neurological conditions in the world. Yet, there is a lack of medical staff that specialise in cerebral palsy. Baclofen has been an essential management tool to continue living while my disability changes as I get older.

Inclusion of baclofen helps to ensure that medications are available and affordable.

If you would like further comment, please do not hesitate to ask.

Yours faithfully,

Lucy Hindmarch

**Cerebral Palsy Specialist for Scope**

