



**A**ssociazione  
**I**taliana per la lotta contro le  
**C**efalee

**AIC ONLUS**

*Associazione Italiana per la lotta contro le Cefalee (AIC onlus)*  
*Via della Pisana 235*  
*00163 Rome – Italy*

**Protocol n.2/2025**

To: WHO Essential Medicines List Secretariat

Rome, 15<sup>th</sup> April 2025

**RE: Support for the Inclusion of New Migraine and Cluster Headache Treatments in the WHO Essential Medicines List**

Dear EML Secretariat,

On behalf of The Italian Association for the Fight against Headaches (Associazione Italiana per la Lotta contro le Cefalee, AIC), the leading Italian nonprofit, patient-centered organization dedicated to improving the lives of people with headache through advocacy, education, and support; and to improving the quality of life of patients and the understanding of these conditions within the medical community, I am writing to express our strong support for the inclusion of the following medications in the WHO Essential Medicines List:

- A.10 Eletriptan + Naproxen (Migraine)
- A.13 Fremanezumab (High frequency and chronic migraine)
- I.2 Amitriptyline (Migraine prophylaxis)
- I.3 Bisoprolol (Migraine prophylaxis)
- I.7 Ibuprofen (Acute migraine treatment)
- I.10 Prednisolone, Sumatriptan, and Verapamil (Cluster headache)

Both migraine and cluster headache inflict severe neurological disability, yet they continue to be significantly underdiagnosed and undertreated worldwide. Including these essential medications on the WHO's Essential Medicines List is paramount to expanding access to effective therapies and improving the lives of countless patients globally.

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As an Italian organization dedicated to supporting headache sufferers, we wholeheartedly endorse this initiative and stand ready to offer any supplementary information or support. We express our gratitude for your attention to this critical matter and eagerly await the positive impact this decision will have on global health outcomes."

Sincerely,

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Prof. Piero Barbanti  
President of the Italian Association for the Fight against Headaches