Food Systems solutions to help end hidden hunger

Governance and Accountability for Food Fortification

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• **Mission** - to tackle malnutrition in all its forms by accelerating impactful policies and actions across agri-food systems to enable healthy diets for all.

• **Vision** - a world where all people are eating healthy diets from sustainable, inclusive and resilient agri-food systems.
Food and dietary data

- Food Balance Sheet (national availability)
- Household Food Consumption Surveys (household availability)
- Individual food consumption surveys (individual food intakes)

Nutrient intake of individuals, to be compared with age and sex specific nutrient requirements

Food and Agriculture Organization of the United Nations
Biofortification is a complementary strategy to tackle hidden hunger. Biofortified crops are those which have been nutritionally enhanced. Biofortified crops are high-yielding, climate smart and nutrient dense. Staple food crops such as wheat, maize, rice, cassava, sweet potato, beans and pearl millet are primary targets because they are consumed widely as part of everyday diets in rural communities.

- Main people growing and benefitting from biofortified crops are farming households in rural communities.
- To scale up biofortification sustainably governments should integrate biofortification into existing policies and programs, regulations and standards.
Collaboration is key