The Importance of ICD-11 to People with Pain

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My Story

-Sudden onset of pain with neuropathic qualities

-Three years to diagnosis

ICD-11

MG30.2 Chronic postsurgical pain

Extension Codes Pain intensity (severe), Pain-related distress (mild), Pain-related interference (moderate: significant disability but still worked).

Other pathways to treatment: **MG30.5** Chronic neuropathic pain → **MG30.50** Chronic central neuropathic pain (spinal cord injury)

Quána Madison

Quána's Story

-preventive surgeries for cancer: hysterectomy, oophorectomy, double mastectomy

-post-surgical complications: life-threatening vaginal cuff tear; necrosis

-pain persisted after surgeries but was dismissed; wrongly cast as "drug seeking"

ICD-11

MG30.2 Chronic postsurgical pain

Other pathways to treatment: **MG30.51** Chronic peripheral neuropathic pain

Poor access to rehabilitative services

Quána Madison

Ola Ojewumi

Ola's Story

-heart and kidney transplants

-nerve damage during transplant surgery

-post-transplant lymphoproliferative disorder (PTLD)

ICD-11

MG30.10 Chronic cancer pain

Other pathways to treatment: **MG30.2** Chronic postsurgical pain;

MG30.51 Chronic peripheral neuropathic pain

Poor access to rehabilitative services

Ola Ojewumi

ICD-11: Why it's better

○ **Holds the potential to destigmatize chronic pain and mitigate bias**:

   - *chronic primary pain* - chronic pain is a disease in its own right; pain whose origin is not well understood is made visible. Patients are less likely to be dismissed or told it's "in their heads."

   - *chronic secondary pain* - increased accuracy of diagnosis; codes not available in ICD-10.

   - facilitates appropriate accounting for psycho-social factors in both.

○ **Facilitates pathways to treatment and reimbursement**; improves access to care.

○ **Makes pain visible even outside the healthcare system** (facilitates improved communication with family and friends, facilitates workplace accommodations or benefits, and potentially improves public understanding).

○ **Provides better accuracy in describing chronic pain to assist with research.**

○ **Facilitates accurate data collection** that assists in demonstrating the global burden of pain.