Afghanistan

Mortality*

Number of diabetes deaths

	males	*females*
ages 30–69	850	1 070
ages 70+	490	760

Number of deaths attributable to high blood glucose

	males	*females*
ages 30–69	3 530	3 120
ages 70+	1 830	2 570

Proportional mortality (% of total deaths, all ages)*

Cardiovascular diseases 19%
Injuries 17%
Cancers 6%
Respiratory diseases 3%
Diabetes 1%
Other NCDs 8%
Communicable, maternal, perinatal and nutritional conditions 46%
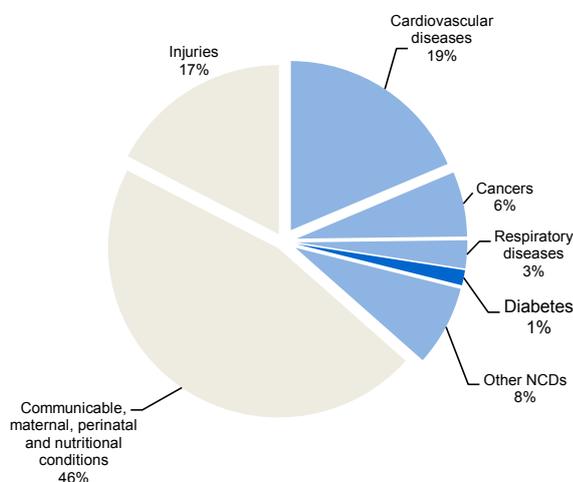
Trends in age-standardized prevalence of diabetes
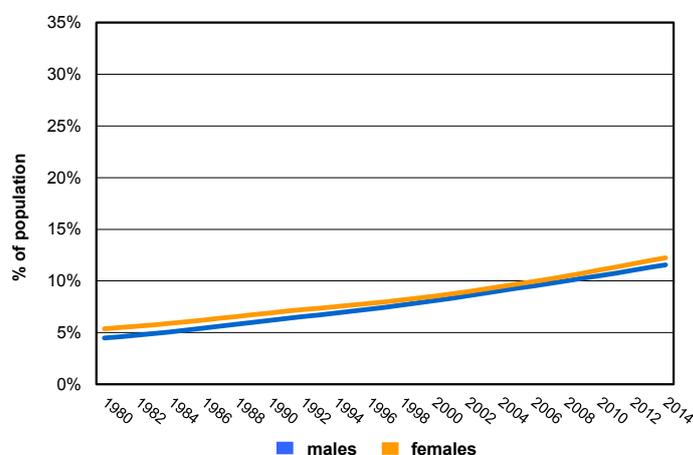
males   females

Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	8.0%	8.8%	8.4%
Overweight	11.8%	16.1%	13.9%
Obesity	1.5%	3.3%	2.4%
Physical inactivity	. . .	. . .	. . .

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	*No*
Operational policy/strategy/action plan to reduce overweight and obesity	*No*
Operational policy/strategy/action plan to reduce physical inactivity	*No*
Evidence-based national diabetes guidelines/protocols/standards	*Not available*
Standard criteria for referral of patients from primary care to higher level of care	*Not available*
Diabetes registry	*No*
Recent national risk factor survey in which blood glucose was measured	*No*

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	○
Metformin	○
Sulphonylurea	DK

Procedures

Retinal photocoagulation	○
Renal replacement therapy by dialysis	○
Renal replacement therapy by transplantation	○

Basic technologies in primary care facilities

Blood glucose measurement	○
Oral glucose tolerance test	DK
HbA1c test	DK
Dilated fundus examination	DK
Foot vibration perception by tuning fork	DK
Foot vascular status by Doppler	DK
Urine strips for glucose and ketone measurement	○

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
DK = country responded "don't know"
○ = not generally available   ● = generally available

… = no data available

World Health Organization – Diabetes country profiles, 2016.