

Cuba

Total population: 11 390 000

Income group: Upper middle

Mortality

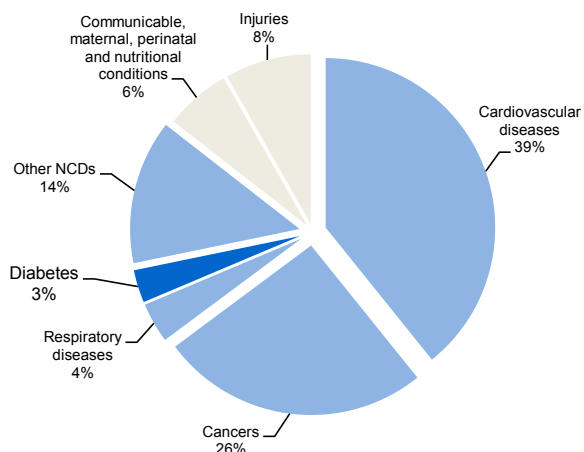
Number of diabetes deaths

	males	females
ages 30–69	480	600
ages 70+	620	1 070

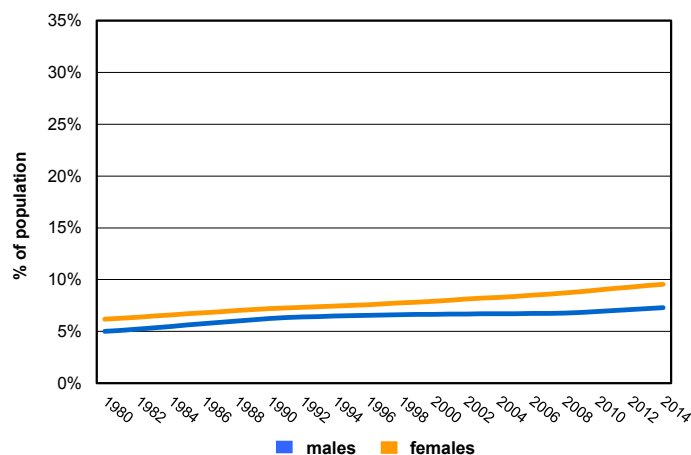
Number of deaths attributable to high blood glucose

	males	females
ages 30–69	820	870
ages 70+	1 300	2 150

Proportional mortality (% of total deaths, all ages)



Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	8.7%	11.8%	10.2%
Overweight	57.3%	66.6%	61.9%
Obesity	20.4%	34.0%	27.2%
Physical inactivity	...	...	...

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	Yes
Operational policy/strategy/action plan to reduce overweight and obesity	No
Operational policy/strategy/action plan to reduce physical inactivity	Yes†
Evidence-based national diabetes guidelines/protocols/standards	Available and fully implemented
Standard criteria for referral of patients from primary care to higher level of care	Available and fully implemented
Diabetes registry	No
Recent national risk factor survey in which blood glucose was measured	Yes

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	●
Metformin	●
Sulphonylurea	●

Procedures

Retinal photocoagulation	●
Renal replacement therapy by dialysis	●
Renal replacement therapy by transplantation	●

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	●
HbA1c test	○
Dilated fundus examination	●
Foot vibration perception by tuning fork	●
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	○

† = documentation not provided

... = no data available

○ = not generally available ● = generally available

World Health Organization – Diabetes country profiles, 2016.