Iceland

Total population: 329 000

Income group: High

Mortality

Number of diabetes deaths

| | Illaics | Terriares |
|------------|---------|-----------|
| ages 30–69 | <100 | <100 |
| ages 70+ | <100 | <100 |

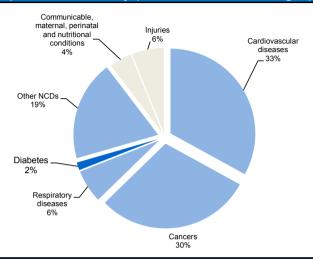
malac

fomales

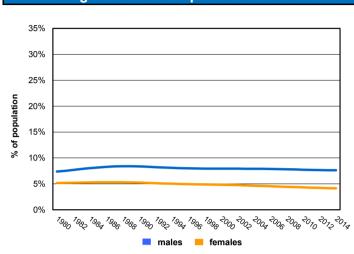
Number of deaths attributable to high blood glucose

| | Illaies | Terriares |
|------------|---------|-----------|
| ages 30–69 | <100 | <100 |
| ages 70+ | <100 | <100 |

Proportional mortality (% of total deaths, all ages)



Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

| | males | females | total |
|---------------------|-------|---------|-------|
| Diabetes | 8.9% | 5.3% | 7.1% |
| Overweight | 66.9% | 52.9% | 59.9% |
| Obesity | 25.0% | 22.8% | 23.9% |
| Physical inactivity | | | |

National response to diabetes

Policies, guidelines and monitoring

| Operational policy/strategy/action plan for diabetes | No |
|--|-------------------------------------|
| Operational policy/strategy/action plan to reduce overweight and obesity | No |
| Operational policy/strategy/action plan to reduce physical inactivity | No |
| Evidence-based national diabetes guidelines/protocols/standards | Available and fully implemented |
| Standard criteria for referral of patients from primary care to higher level of care | Available and partially implemented |
| Diabetes registry | No |
| Recent national risk factor survey in which blood glucose was measured | No |

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

| Sulphonylurea | • |
|---------------|---|
| Metformin | • |
| Insulin | • |

| Procedures | |
|--|---|
| Retinal photocoagulation | • |
| Renal replacement therapy by dialysis | • |
| Renal replacement therapy by transplantation | |

Basic technologies in primary care facilities

| basic technologies in primary care facilities | |
|---|----|
| Blood glucose measurement | • |
| Oral glucose tolerance test | • |
| HbA1c test | • |
| Dilated fundus examination | • |
| Foot vibration perception by tuning fork | • |
| Foot vascular status by Doppler | DK |
| Urine strips for glucose and ketone measurement | • |
| | |

DK = country responded "don't know"

... = no data available

○ = not generally available • = generally available