

# Poland

Total population: 38 612 000

Income group: High

## Mortality\*

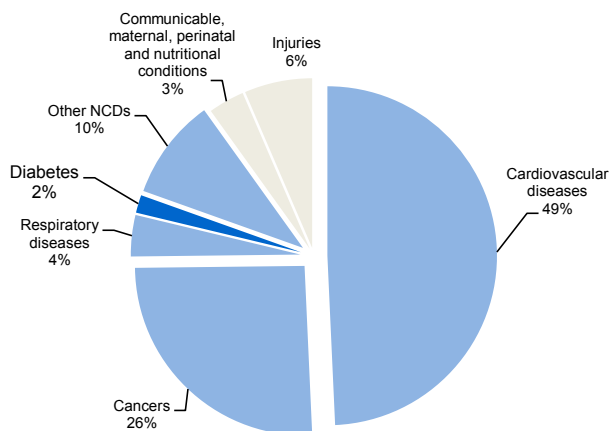
### Number of diabetes deaths

	males	females
ages 30–69	1 460	820
ages 70+	1 480	2 580

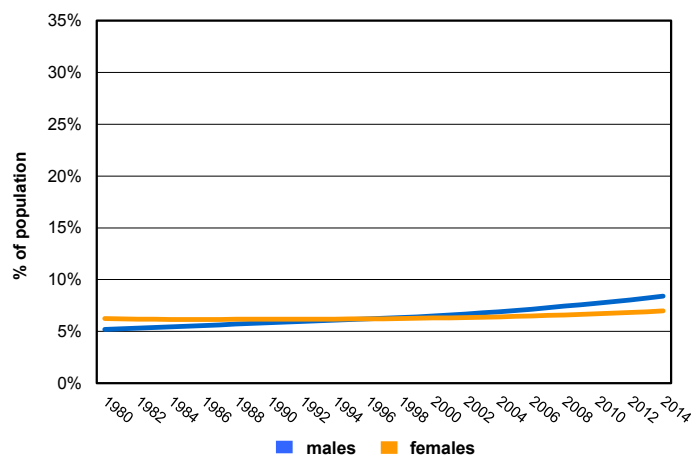
### Number of deaths attributable to high blood glucose

	males	females
ages 30–69	5 720	2 030
ages 70+	7 230	10 900

## Proportional mortality (% of total deaths, all ages)\*



## Trends in age-standardized prevalence of diabetes



## Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	9.8%	9.3%	9.5%
Overweight	68.2%	60.5%	64.2%
Obesity	24.8%	29.1%	27.0%
Physical inactivity	14.4%	26.0%	20.5%

## National response to diabetes

### Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	Yes
Operational policy/strategy/action plan to reduce overweight and obesity	No
Operational policy/strategy/action plan to reduce physical inactivity	Yes
Evidence-based national diabetes guidelines/protocols/standards	DK
Standard criteria for referral of patients from primary care to higher level of care	DK
Diabetes registry	No
Recent national risk factor survey in which blood glucose was measured	Yes

## Availability of medicines, basic technologies and procedures in the public health sector

### Medicines in primary care facilities

Insulin	DK
Metformin	DK
Sulphonylurea	DK

### Procedures

Retinal photocoagulation	DK
Renal replacement therapy by dialysis	●
Renal replacement therapy by transplantation	●

### Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	●
HbA1c test	●
Dilated fundus examination	○
Foot vibration perception by tuning fork	○
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	DK

\* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).

DK = country responded "don't know"

○ = not generally available ● = generally available

World Health Organization – Diabetes country profiles, 2016.