Saudi Arabia

Total population: 31 540 000
Income group: High

Mortality*

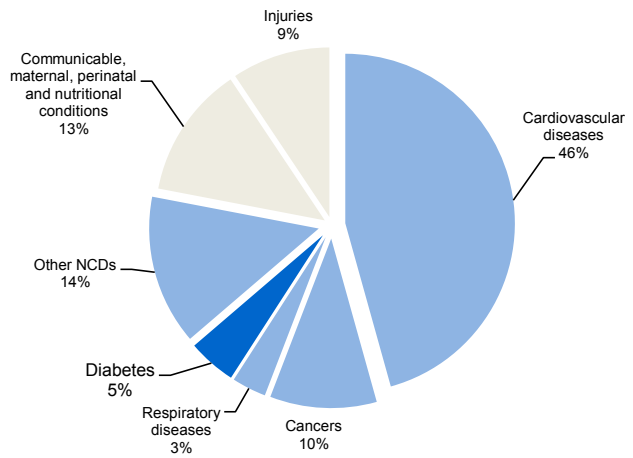
Number of diabetes deaths

	males	*females*
ages 30–69	1 070	500
ages 70+	1 460	1 020

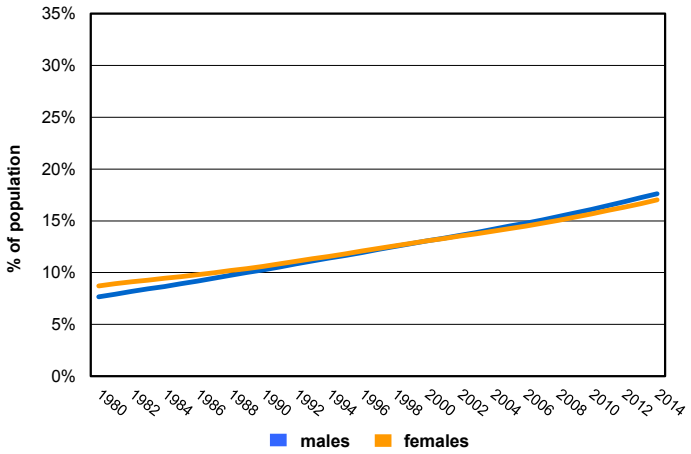
Number of deaths attributable to high blood glucose

	males	*females*
ages 30–69	3 840	1 770
ages 70+	4 390	3 780

Proportional mortality (% of total deaths, all ages)*



Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	14.7%	13.8%	14.4%
Overweight	67.5%	69.2%	68.2%
Obesity	29.5%	39.5%	33.7%
Physical inactivity	52.1%	67.7%	58.5%

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	*Yes*
Operational policy/strategy/action plan to reduce overweight and obesity	*Yes*
Operational policy/strategy/action plan to reduce physical inactivity	*Yes*
Evidence-based national diabetes guidelines/protocols/standards	*Available and fully implemented†*
Standard criteria for referral of patients from primary care to higher level of care	*Available and fully implemented*
Diabetes registry	*Yes*
Recent national risk factor survey in which blood glucose was measured	*Yes*

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	●
Metformin	●
Sulphonylurea	●

Procedures

Retinal photocoagulation	DK
Renal replacement therapy by dialysis	●
Renal replacement therapy by transplantation	●

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	●
HbA1c test	●
Dilated fundus examination	○
Foot vibration perception by tuning fork	●
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	●

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
† = documentation not provided
○ = not generally available ● = generally available
DK = country responded "don't know"

World Health Organization – Diabetes country profiles, 2016.