Dominica

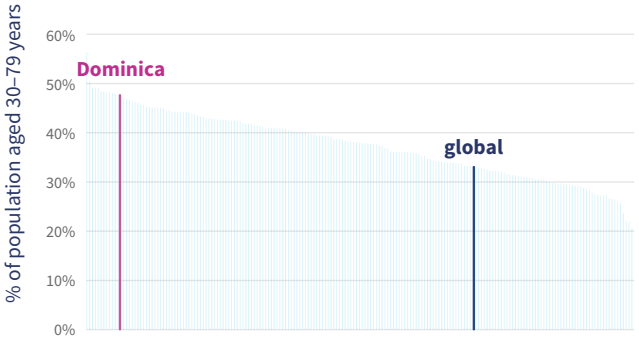
Hypertension profile

Total population (2019): 71 400

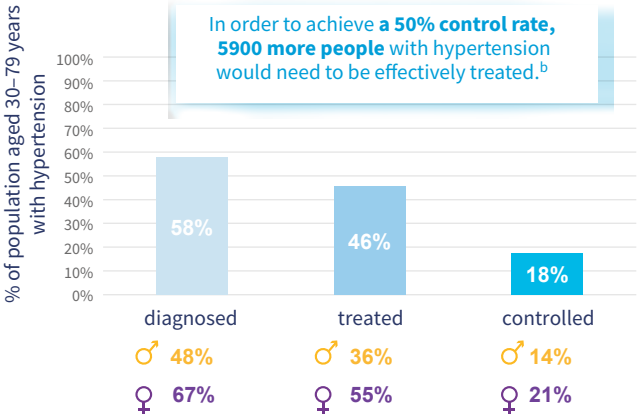
Total deaths (2019): no data

Age-standardized prevalence of hypertension among adults aged 30–79 years (2019)[a] ⚥ 48% ♂ 46% ♀ 50%

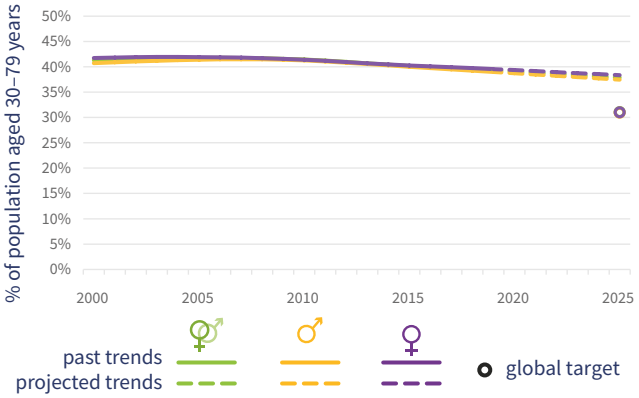
Prevalence of hypertension – global comparison (both sexes)[a]



Of the **18 000** adults aged 30–79 years with hypertension:



Trends in uncontrolled hypertension in adults aged 30–79 years[c]



Hypertension control rate scenarios

Data not available

Mortality

	both sexes	males	females	year
Probability of premature mortality from NCDs (%)	no data	no data	no data	2019
Cardiovascular disease deaths	no data	no data	no data	2019
Cardiovascular disease deaths attributable to high systolic blood pressure (%)	53	56	50	2019

Risk factors[d]

	both sexes	males	females	year
Mean population salt intake, adults aged 25+ years (g/day)	7	8	6	2019
Current tobacco use, adults aged 15+ years (%)	no data	no data	no data	2019
Obesity, adults aged 18+ years (%)	28	20	36	2016
Total alcohol per capita consumption, adults aged 15+ years (litres)	6	10	2	2019
Physical inactivity, adults aged 18+ years (%)	22	13	30	2016

National response

Targets

National target for blood pressure ✖

National target for salt consumption ✖

Surveillance

Conducted recent, national survey measuring raised blood pressure/hypertension ✖

Conducted recent, national survey on salt/sodium intake ✖

Functioning system for generating reliable cause-specific mortality data on a routine basis ✔

Treatment

Guidelines for management of hypertension ✔

Footnotes: a. SBP ≥140 mmHg or DBP ≥90 mmHg or taking medication for hypertension. b. Control rate: adults aged 30–79 years receiving treatment, with blood pressure SBP <140 mmHg and DBP <90 mmHg. c. SBP ≥140 mmHg or DBP ≥90 mmHg. d. Age-standardized estimates are presented for all indicators except salt intake.

See Explanatory notes for description of indicators