

Luxembourg

Hypertension profile

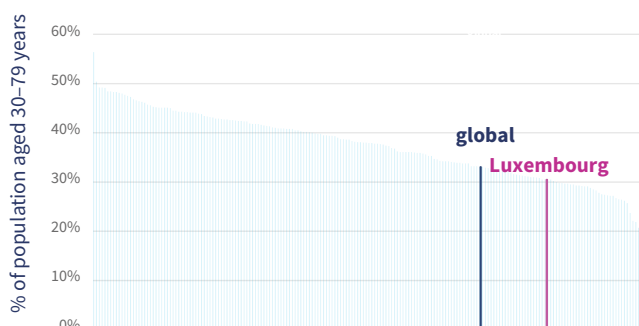
Total population (2019): 620 000

Total deaths (2019): 4250

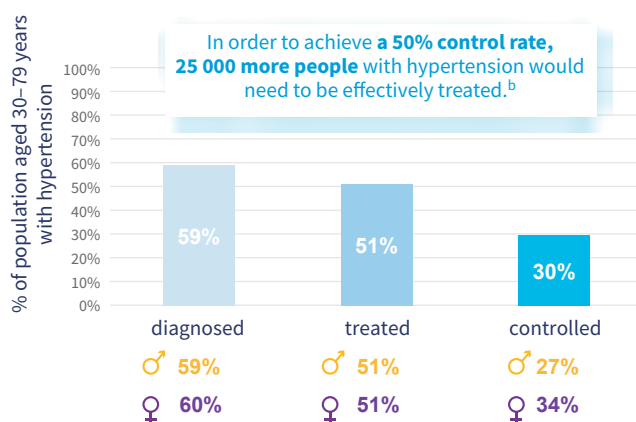
Age-standardized prevalence of hypertension among adults aged 30–79 years (2019)^a

♀ 31% ♂ 37% ♀ 24%

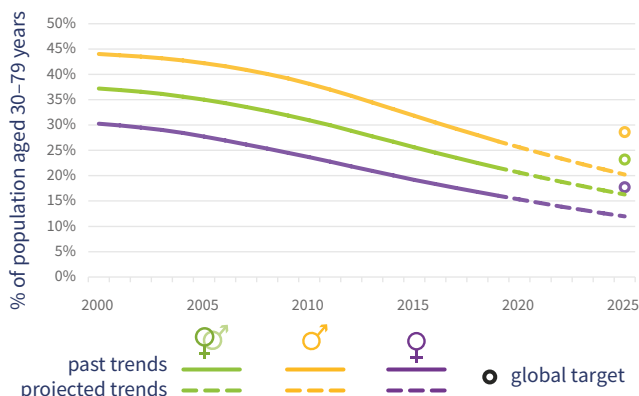
Prevalence of hypertension – global comparison (both sexes)^a



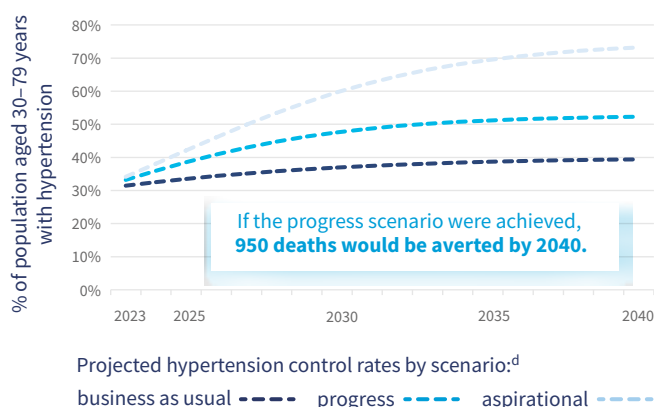
Of the 126 000 adults aged 30–79 years with hypertension:



Trends in uncontrolled hypertension in adults aged 30–79 years^c



Hypertension control rate scenarios



Mortality

Probability of premature mortality from NCDs (%)

Cardiovascular disease deaths

Cardiovascular disease deaths attributable to high systolic blood pressure (%)

	both sexes	males	females	year
Probability of premature mortality from NCDs (%)	10	12	7	2019
Cardiovascular disease deaths	1300	600	680	2019
Cardiovascular disease deaths attributable to high systolic blood pressure (%)	51	53	49	2019

Risk factors^e

Mean population salt intake, adults aged 25+ years (g/day)

Current tobacco use, adults aged 15+ years (%)^f

Obesity, adults aged 18+ years (%)

Total alcohol per capita consumption, adults aged 15+ years (litres)

Physical inactivity, adults aged 18+ years (%)

	both sexes	males	females	year
Mean population salt intake, adults aged 25+ years (g/day)	8	10	7	2019
Current tobacco use, adults aged 15+ years (%) ^f	22	23	20	2019
Obesity, adults aged 18+ years (%)	23	25	21	2016
Total alcohol per capita consumption, adults aged 15+ years (litres)	12	18	5	2019
Physical inactivity, adults aged 18+ years (%)	28	26	30	2016

National response

Targets

National target for blood pressure

National target for salt consumption

Surveillance

Conducted recent, national survey measuring raised blood pressure/hypertension

Conducted recent, national survey on salt/sodium intake

Functioning system for generating reliable cause-specific mortality data on a routine basis

Treatment

Guidelines for management of hypertension

✗

✗

✓

✓

✓

✓

Footnotes: a. SBP \geq 140 mmHg or DBP \geq 90 mmHg or taking medication for hypertension. b. Control rate: adults aged 30–79 years receiving treatment, with blood pressure SBP $<$ 140 mmHg and DBP $<$ 90 mmHg. c. SBP \geq 140 mmHg or DBP \geq 90 mmHg. d. Progress and aspirational scenarios reflect a theoretical scaling up of treatment and control. e. Age-standardized estimates are presented for all indicators except salt intake. f. Data refer to tobacco smoking only, in the absence of sufficient data on all tobacco use.

See Explanatory notes for description of indicators