

Ukraine

Hypertension profile

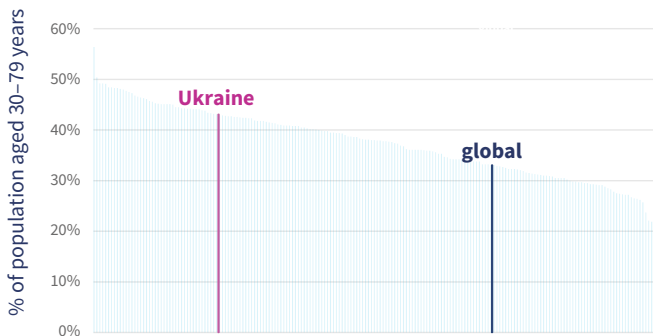
Total population (2019): 44 211 000

Total deaths (2019): 594 000

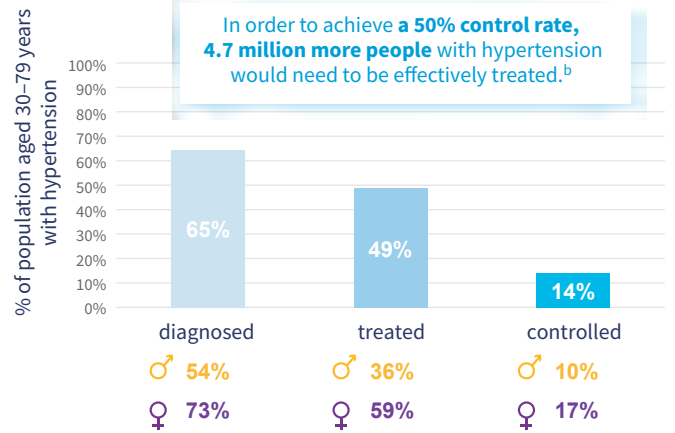
Age-standardized prevalence of hypertension among adults aged 30–79 years (2019)^a

♀ 43% ♂ 45% ♀ 42%

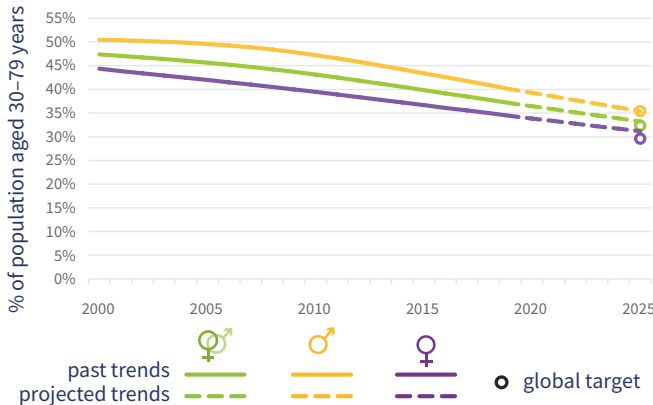
Prevalence of hypertension – global comparison (both sexes)^a



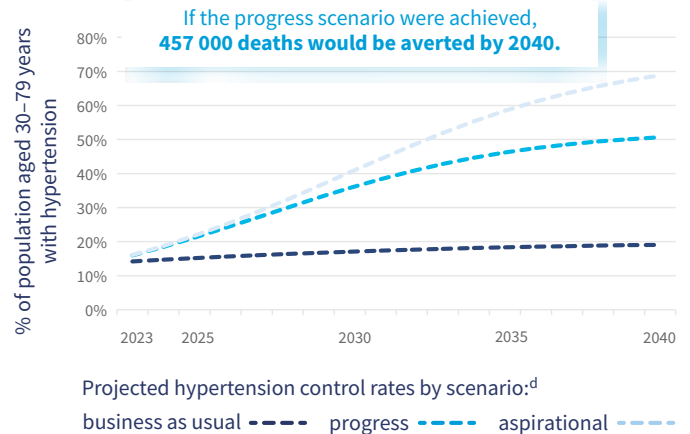
Of the 13.2 million adults aged 30–79 years with hypertension:



Trends in uncontrolled hypertension in adults aged 30–79 years^c



Hypertension control rate scenarios



Mortality

Probability of premature mortality from NCDs (%)

Cardiovascular disease deaths

Cardiovascular disease deaths attributable to high systolic blood pressure (%)

	both sexes	males	females	year
Probability of premature mortality from NCDs (%)	26	37	16	2019
Cardiovascular disease deaths	383 000	168 000	214 000	2019
Cardiovascular disease deaths attributable to high systolic blood pressure (%)	53	55	51	2019

Risk factors^e

Mean population salt intake, adults aged 25+ years (g/day)

Current tobacco use, adults aged 15+ years (%)

Obesity, adults aged 18+ years (%)

Total alcohol per capita consumption, adults aged 15+ years (litres)

Physical inactivity, adults aged 18+ years (%)

	both sexes	males	females	year
Mean population salt intake, adults aged 25+ years (g/day)	7	8	6	2019
Current tobacco use, adults aged 15+ years (%)	26	41	12	2019
Obesity, adults aged 18+ years (%)	24	22	26	2016
Total alcohol per capita consumption, adults aged 15+ years (litres)	9	15	4	2019
Physical inactivity, adults aged 18+ years (%)	20	19	20	2016

National response

Targets

National target for blood pressure

National target for salt consumption

Surveillance

Conducted recent, national survey measuring raised blood pressure/hypertension

Conducted recent, national survey on salt/sodium intake

Functioning system for generating reliable cause-specific mortality data on a routine basis

Treatment

Guidelines for management of hypertension



Footnotes: a. SBP ≥140 mmHg or DBP ≥90 mmHg or taking medication for hypertension. b. Control rate: adults aged 30–79 years receiving treatment, with blood pressure SBP <140 mmHg and DBP <90 mmHg. c. SBP ≥140 mmHg or DBP ≥90 mmHg. d. Progress and aspirational scenarios reflect a theoretical scaling up of treatment and control. e. See Explanatory notes for description of indicators except salt intake.