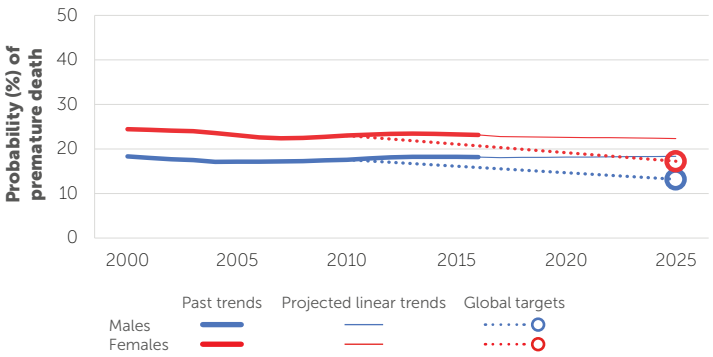
GHANA

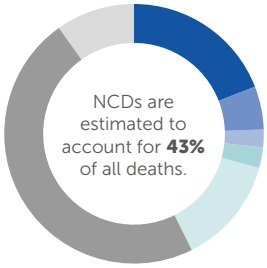
2016 TOTAL POPULATION: 28 207 000
2016 TOTAL DEATHS: 221 000

RISK OF PREMATURE DEATH DUE TO NCDS (%)*



PROPORTIONAL MORTALITY*

- 19% Cardiovascular diseases
- 13% Other NCDs
- 5% Cancers
- 48% Communicable, maternal, perinatal and nutritional conditions
- 2% Chronic respiratory diseases
- 10% Injuries
- 3% Diabetes

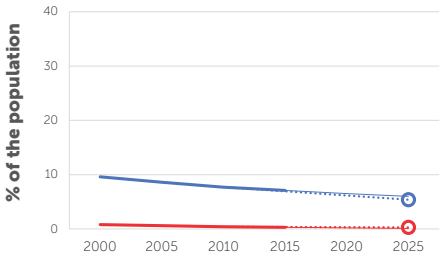


22 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

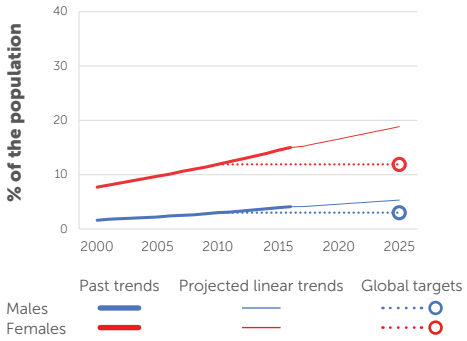
	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
MORTALITY*						
Premature mortality from NCDs	X	Total NCD deaths	2016	41 300	53 100	94 400
		Risk of premature death between 30-70 years (%)	2016	18	23	21
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	5
RISK FACTORS						
Harmful use of alcohol	X	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	5	1	3
Physical inactivity	X	Physical inactivity, adults aged 18+ (%)	2016	17	23	20
Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	6	6	6
Tobacco use	X	Current tobacco smoking, adults aged 15+ (%)	2016	7	0	4
Raised blood pressure	X	Raised blood pressure, adults aged 18+ (%)	2015	20	18	19
Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	5	5	5
Obesity	X	Obesity, adults aged 18+ (%)	2016	4	15	10
		Obesity, adolescents aged 10-19 (%)	2016	1	3	2
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	3
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	78

SELECTED ADULT RISK FACTOR TRENDS

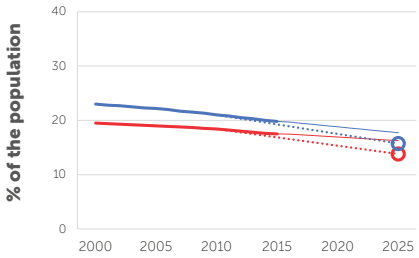
CURRENT TOBACCO SMOKING



OBESITY



RAISED BLOOD PRESSURE



NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	None
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes
Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	9 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	5 out of 6

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)