JAPAN

2016 TOTAL POPULATION: 127 700 000
2016 TOTAL DEATHS: 1 311 000

RISK OF PREMATURE DEATH DUE TO NCDS (%)
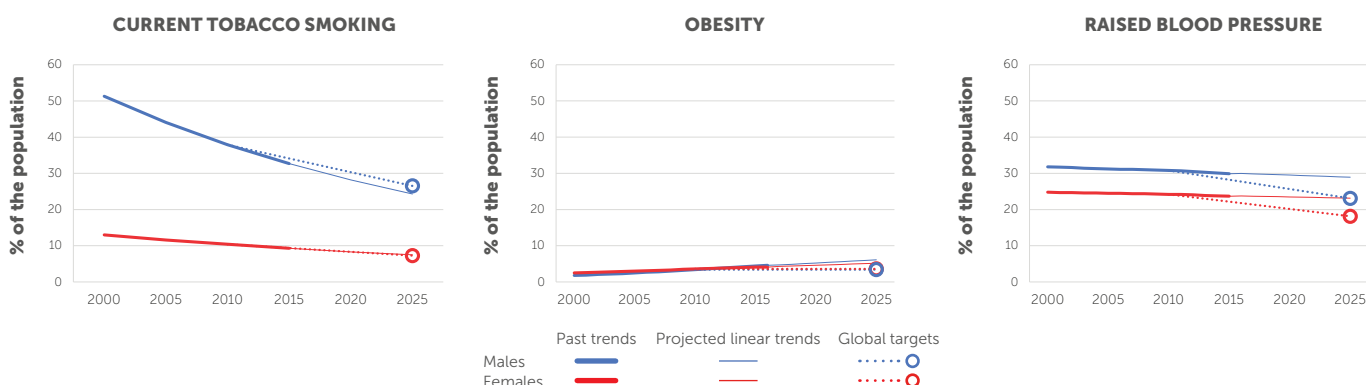

Males — Past trends, Projected linear trends, Global targets
Females — Past trends, Projected linear trends, Global targets
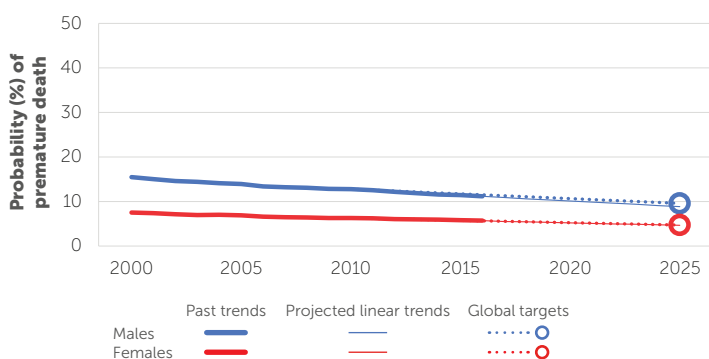
PROPORTIONAL MORTALITY

- 27% Cardiovascular diseases
- 30% Cancers
- 9% Chronic respiratory diseases
- 1% Diabetes
- 15% Other NCDs
- 13% Communicable, maternal, perinatal and nutritional conditions
- 5% Injuries

NCDs are estimated to account for **82%** of all deaths.

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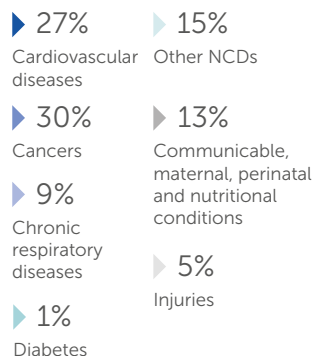
162 600 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY

	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
Premature mortality from NCDs	✓	Total NCD deaths	2016	549 000	531 300	1 080 000
		Risk of premature death between 30-70 years (%)	2016	11	6	8
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	19

RISK FACTORS

	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	14	3	8
Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	36	40	38
Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	13	12	12
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	32	9	20
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	30	24	27
Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	12	9	10
Obesity	✓	Obesity, adults aged 18+ (%)	2016	5	4	4
		Obesity, adolescents aged 10-19 (%)	2016	4	1	3
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	1
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	<5

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBESITY

RAISED BLOOD PRESSURE

Males — Past trends, Projected linear trends, Global targets
Females — Past trends, Projected linear trends, Global targets

NATIONAL SYSTEMS RESPONSE

			DATA YEAR	
Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	Don't know
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Don't know
Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	10 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	6 out of 6

... = no data available

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.