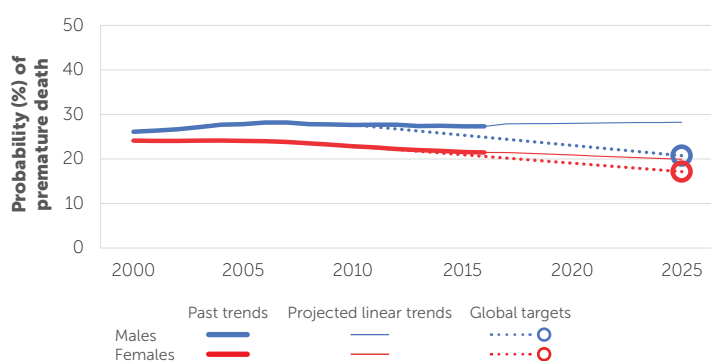


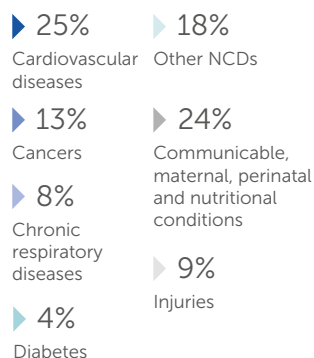
# MYANMAR

2016 TOTAL POPULATION: 52 885 000  
2016 TOTAL DEATHS: 430 000

## RISK OF PREMATURE DEATH DUE TO NCDs (%)\*



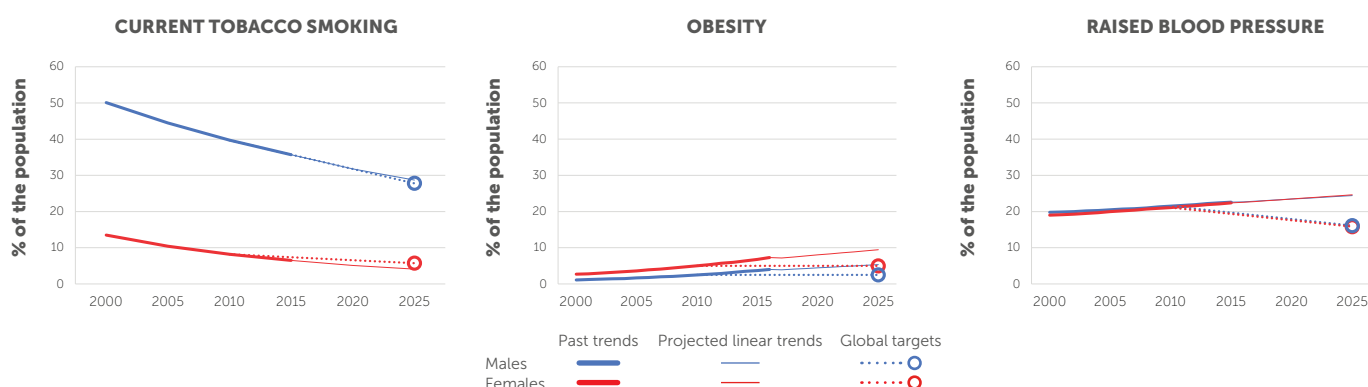
## PROPORTIONAL MORTALITY\*



40 500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*			NATIONAL TARGET SET	DATA YEAR	MALES	FEMALES	TOTAL
	Premature mortality from NCDs	✓	Total NCD deaths	2016	145 000	146 600	291 600
			Risk of premature death between 30-70 years (%)	2016	27	21	24
	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	8
RISK FACTORS							
	Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	8	1	5
	Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	8	13	10
	Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	12	11	11
	Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	35	6	20
	Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	23	22	23
	Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	6	7	7
	Obesity	✓	Obesity, adults aged 18+ (%)	2016	4	7	6
			Obesity, adolescents aged 10-19 (%)	2016	4	2	3
	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	3
	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	82

## SELECTED ADULT RISK FACTOR TRENDS



## NATIONAL SYSTEMS RESPONSE

	Drug therapy to prevent heart attacks and strokes	✓	Proportion of population at high risk for CVD or with existing CVD (%)	2014	12
			Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	2014	32
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	More than 50%
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes
	Essential NCD medicines and basic technologies to treat major NCDs	✓	Number of essential NCD medicines reported as "generally available"	2017	7 out of 10
			Number of essential NCD technologies reported as "generally available"	2017	4 out of 6

\* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.