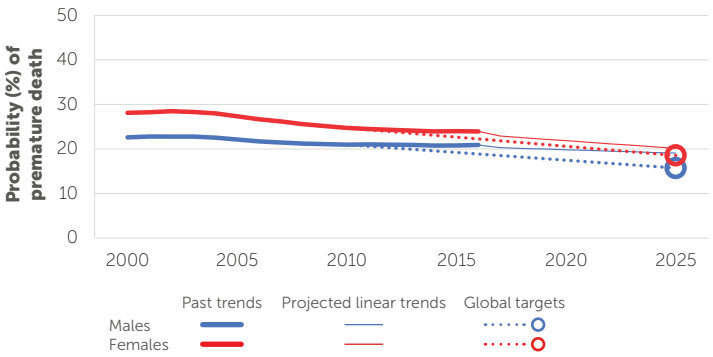
NIGERIA

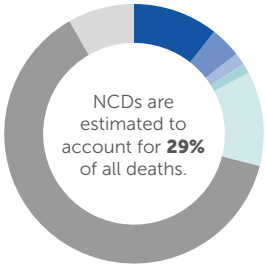
2016 TOTAL POPULATION: 186 000 000
2016 TOTAL DEATHS: 2 128 000

RISK OF PREMATURE DEATH DUE TO NCDS (%)*



PROPORTIONAL MORTALITY*

- 11% Cardiovascular diseases
- 12% Other NCDs
- 4% Cancers
- 63% Communicable, maternal, perinatal and nutritional conditions
- 2% Chronic respiratory diseases
- 8% Injuries
- 1% Diabetes

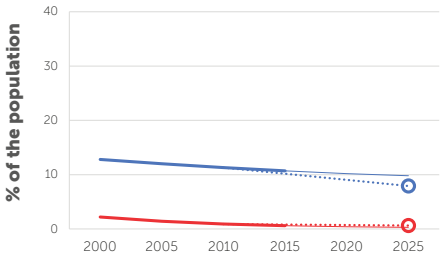


134 500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

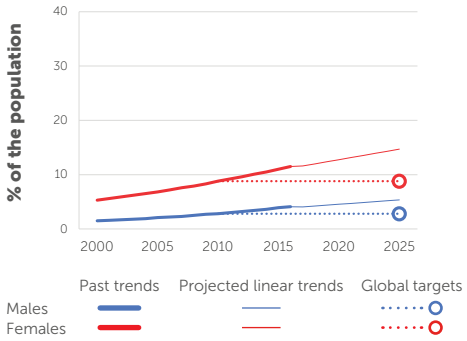
	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
MORTALITY*						
Premature mortality from NCDs	✓	Total NCD deaths	2016	293 700	323 600	617 300
		Risk of premature death between 30-70 years (%)	2016	21	24	22
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	10
RISK FACTORS						
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	22	5	13
Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	22	27	25
Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	8	7	7
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	11	1	6
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	18	19	18
Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	4	4	4
Obesity	✓	Obesity, adults aged 18+ (%)	2016	4	12	8
		Obesity, adolescents aged 10-19 (%)	2016	1	2	2
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	5
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	>95

SELECTED ADULT RISK FACTOR TRENDS

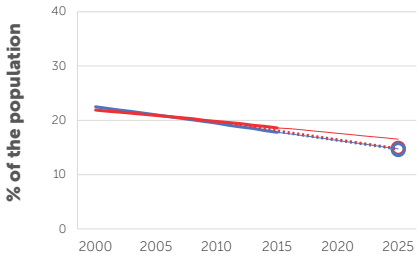
CURRENT TOBACCO SMOKING



OBESITY



RAISED BLOOD PRESSURE



NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes	✓	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	None
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	No
Essential NCD medicines and basic technologies to treat major NCDs	✓	Number of essential NCD medicines reported as "generally available"	2017	3 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	2 out of 6

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)