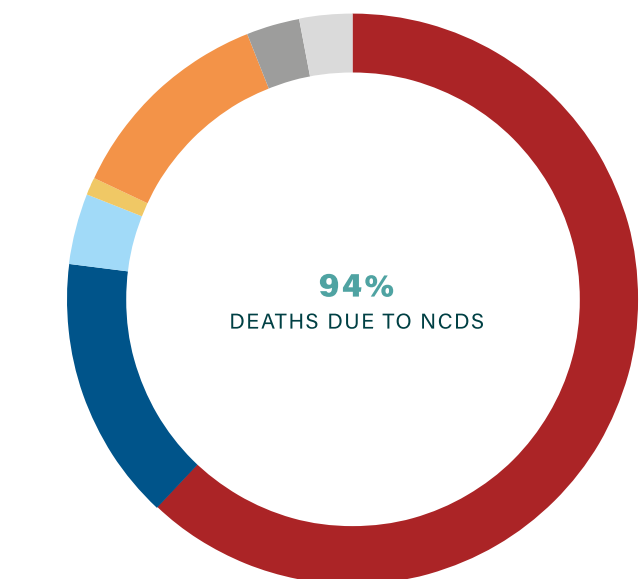


TOTAL POPULATION (2022) **2,843,000**POPULATION AGED <20 (%) **22**POPULATION AGED >60 (%) **23**WORLD BANK INCOME GROUP **UPPER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **13,632**

## NCD MORTALITY



■ cardiovascular disease    ■ cancers    ■ chronic respiratory disease  
■ diabetes    ■ other NCDs    ■ injuries  
■ communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



## PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



## PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male    ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## PER YEAR

US\$ **3,519,885**INT\$ **8,998,890**

## CUMULATIVE BETWEEN 2020 AND 2030

US\$ **38,718,739**INT\$ **98,987,793**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



## NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



## NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐ no    ☒ yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

|                                                                                  |                                                                                                                                                                           |                                                                                    |                                                                                   |                                                                                                                                                                     |                                                                                                                                              |
|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
|  | <b>NATIONAL POLICY ON WALKING AND CYCLING</b>                                                                                                                             | <input type="radio"/>                                                              |  | <b>NATIONAL POLICY ON PUBLIC TRANSPORT</b>                                                                                                                          | <input checked="" type="radio"/>                                                                                                             |
|  | <b>NATIONAL ROAD SAFETY STRATEGY</b>                                                                                                                                      | <input checked="" type="radio"/>                                                   |  | <b>LEGISLATION ON:</b>                                                                                                                                              |                                                                                                                                              |
|  | <b>STREET DESIGN STANDARDS FOR:</b>                                                                                                                                       |                                                                                    |                                                                                   | <ul style="list-style-type: none"> <li>speed limits</li> <li>driving and alcohol use</li> <li>driving and drug use</li> <li>driving and mobile phone use</li> </ul> | <input checked="" type="radio"/><br><input checked="" type="radio"/><br><input checked="" type="radio"/><br><input checked="" type="radio"/> |
|                                                                                  | <ul style="list-style-type: none"> <li>separate walking and cycling infrastructure</li> <li>safe pedestrian and cycling crossings</li> <li>management of speed</li> </ul> | <input checked="" type="radio"/><br><input type="radio"/><br><input type="radio"/> |                                                                                   |                                                                                                                                                                     |                                                                                                                                              |

☐ no ☒ yes ☒ yes and best practice ☐ not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

|                                                                                  |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                         |                                                                                     |                                                                                                        |                                                                                                          |
|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
|  | <b>PROMOTION OF PHYSICAL ACTIVITY:</b>                                                                                                                                                                                                                             |                                                                                                                                                                                                                         |    | <b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b>                                       |                                                                                                          |
|                                                                                  | <ul style="list-style-type: none"> <li>in workplaces</li> <li>in childcare settings</li> <li>through community sports</li> <li>in public open spaces</li> <li>through walking and cycling</li> <li>for older adults</li> <li>for people with disability</li> </ul> | <input type="radio"/><br><input checked="" type="radio"/><br><input type="radio"/><br><input checked="" type="radio"/><br><input checked="" type="radio"/><br><input checked="" type="radio"/><br><input type="radio"/> |                                                                                     | <ul style="list-style-type: none"> <li>with referral</li> <li>used in &gt;50% of facilities</li> </ul> | <input checked="" type="radio"/><br><input checked="" type="radio"/><br><input checked="" type="radio"/> |
|                                                                                  |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                         |  | <b>USE OF DIGITAL PROGRAMMES</b>                                                                       |                                                                                                          |
|                                                                                  |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                         |  | <b>SCHOOL BASED APPROCHES:</b>                                                                         |                                                                                                          |
|                                                                                  |                                                                                                                                                                                                                                                                    | NOT AVAILABLE                                                                                                                                                                                                           |                                                                                     | <ul style="list-style-type: none"> <li>quality physical education</li> </ul>                           | NOT AVAILABLE                                                                                            |

☐ no ☒ yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

|                                                                                    |                                                        |                                  |                                                                                     |                                          |                       |
|------------------------------------------------------------------------------------|--------------------------------------------------------|----------------------------------|-------------------------------------------------------------------------------------|------------------------------------------|-----------------------|
|  | <b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> | <input checked="" type="radio"/> |  | <b>NATIONAL PHYSICAL ACTIVITY POLICY</b> | <input type="radio"/> |
|------------------------------------------------------------------------------------|--------------------------------------------------------|----------------------------------|-------------------------------------------------------------------------------------|------------------------------------------|-----------------------|

☐ no ☒ yes, but not operational ☒ yes and operational

|                                                                                    |                                                                                                                                                  |                                                                                                  |                                                                                     |                                                                                                 |                                                                                                          |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
|  | <b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b>                                                                                             |                                                                                                  |  | <b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b>                                           |                                                                                                          |
|                                                                                    | <ul style="list-style-type: none"> <li>children under 5 years</li> <li>children and adolescents</li> <li>adults</li> <li>older adults</li> </ul> | <input type="radio"/><br><input type="radio"/><br><input type="radio"/><br><input type="radio"/> |                                                                                     | <ul style="list-style-type: none"> <li>children</li> <li>adolescents</li> <li>adults</li> </ul> | <input checked="" type="radio"/><br><input checked="" type="radio"/><br><input checked="" type="radio"/> |
|  | <b>NATIONAL NCD COORDINATING MECHANISM</b>                                                                                                       | <input checked="" type="radio"/>                                                                 |  | <b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b>                                                    | <input checked="" type="radio"/>                                                                         |

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
World Health Organization. (2018). Global status report on road safety 2018.