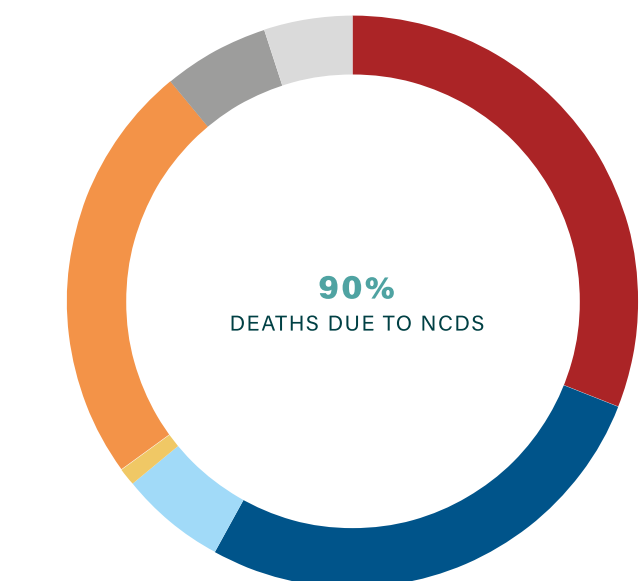


TOTAL POPULATION (2022) **8,741,000**POPULATION AGED <20 (%) **20**POPULATION AGED >60 (%) **26**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **71,745**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 154,759,836

INT\$ 127,493,645



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,702,358,199

INT\$ 1,402,430,100

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	<input checked="" type="radio"/>
	NATIONAL ROAD SAFETY STRATEGY	<input type="radio"/>
	STREET DESIGN STANDARDS FOR:	
	<ul style="list-style-type: none"> separate walking and cycling infrastructure safe pedestrian and cycling crossings management of speed 	<input type="radio"/> <input type="radio"/> <input type="radio"/>
	NATIONAL POLICY ON PUBLIC TRANSPORT	<input checked="" type="radio"/>
	LEGISLATION ON:	
	<ul style="list-style-type: none"> speed limits driving and alcohol use driving and drug use driving and mobile phone use 	<input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/>




☐ no ☒ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:	
	<ul style="list-style-type: none"> in workplaces in childcare settings through community sports in public open spaces through walking and cycling for older adults for people with disability 	<input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/>
	BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	<input type="radio"/>
	<ul style="list-style-type: none"> with referral used in >50% of facilities 	<input type="radio"/> <input type="radio"/>
	USE OF DIGITAL PROGRAMMES	
	<ul style="list-style-type: none"> mHealth for NCD prevention 	<input checked="" type="radio"/>
	SCHOOL BASED APPROACHES:	
	<ul style="list-style-type: none"> quality physical education 	<input type="radio"/>

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	<input checked="" type="radio"/>
	NATIONAL PHYSICAL ACTIVITY POLICY	<input type="radio"/>
	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:	
	<ul style="list-style-type: none"> children under 5 years children and adolescents adults older adults 	<input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/>
	NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	<ul style="list-style-type: none"> children adolescents adults 	<input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/>
	NATIONAL NCD COORDINATING MECHANISM	<input checked="" type="radio"/>
	NATIONAL TARGET FOR PHYSICAL ACTIVITY	<input checked="" type="radio"/>

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.
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