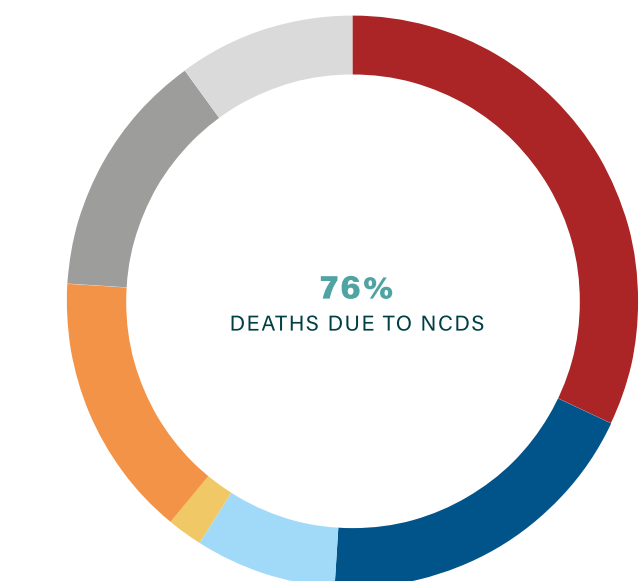


TOTAL POPULATION (2022) **51,875,000**POPULATION AGED <20 (%) **29**POPULATION AGED >60 (%) **14**WORLD BANK INCOME GROUP **UPPER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **14,868**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ **205,647,453**INT\$ **575,592,740**

CUMULATIVE BETWEEN 2020 AND 2030

US\$ **2,262,121,979**INT\$ **6,331,520,136**

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING ○		NATIONAL POLICY ON PUBLIC TRANSPORT ●
	NATIONAL ROAD SAFETY STRATEGY ●		LEGISLATION ON:
	STREET DESIGN STANDARDS FOR:		- speed limits ● - driving and alcohol use ● - driving and drug use ● - driving and mobile phone use ●
	- separate walking and cycling infrastructure ○ - safe pedestrian and cycling crossings ○ - management of speed ○		

○ no ● yes ● yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:		BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH ●
	- in workplaces ● - in childcare settings ● - through community sports ● - in public open spaces ● - through walking and cycling ● - for older adults ● - for people with disability ●		- with referral ○ - used in >50% of facilities ○
			USE OF DIGITAL PROGRAMMES
			mHealth for NCD prevention ○
			SCHOOL BASED APPROCHES:
			quality physical education NOT AVAILABLE

○ no ● yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY ●		NATIONAL PHYSICAL ACTIVITY POLICY ●
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○ no ● yes, but not operational ● yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:		NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:
	- children under 5 years ● - children and adolescents ● - adults ● - older adults ●		- children ● - adolescents ● - adults ●
	NATIONAL NCD COORDINATING MECHANISM ○		NATIONAL TARGET FOR PHYSICAL ACTIVITY ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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