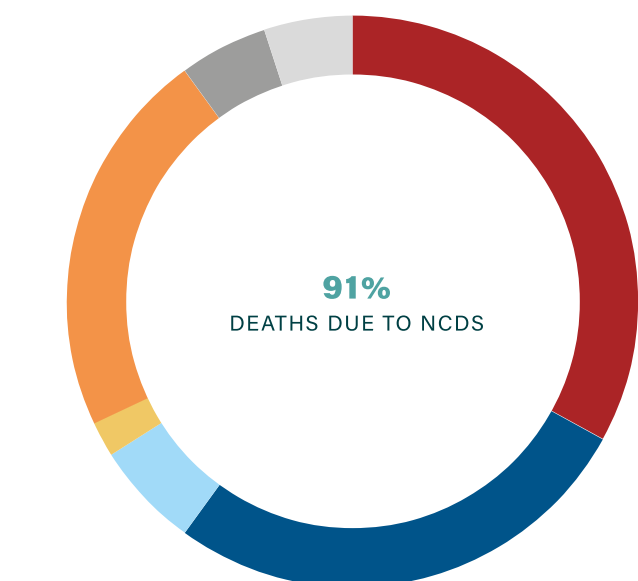


TOTAL POPULATION (2022) **83,370,000**POPULATION AGED <20 (%) **19**POPULATION AGED >60 (%) **30**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **54,845**

## NCD MORTALITY



■ cardiovascular disease    ■ cancers    ■ chronic respiratory disease  
■ diabetes    ■ other NCDs    ■ injuries  
■ communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



## PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



## PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male    ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## PER YEAR

US\$ 3,005,798,479

INT\$ 3,564,152,817



## CUMULATIVE BETWEEN 2020 AND 2030

US\$ 33,063,783,268

INT\$ 39,205,680,983

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



## NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



## NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no    ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ○		<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ○
	<b>NATIONAL ROAD SAFETY STRATEGY</b> ●		<b>LEGISLATION ON:</b>
	<b>STREET DESIGN STANDARDS FOR:</b>		<ul style="list-style-type: none"> <li>speed limits ●</li> <li>driving and alcohol use ●</li> <li>driving and drug use ●</li> <li>driving and mobile phone use ●</li> </ul>
	<ul style="list-style-type: none"> <li>separate walking and cycling infrastructure ●</li> <li>safe pedestrian and cycling crossings ●</li> <li>management of speed ●</li> </ul>		


○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	<b>PROMOTION OF PHYSICAL ACTIVITY:</b>		<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b>
	<ul style="list-style-type: none"> <li>in workplaces ●</li> <li>in childcare settings ●</li> <li>through community sports ●</li> <li>in public open spaces ●</li> <li>through walking and cycling ●</li> <li>for older adults ●</li> <li>for people with disability ●</li> </ul>		<ul style="list-style-type: none"> <li>with referral ●</li> <li>used in &gt;50% of facilities ●</li> </ul>
			<b>USE OF DIGITAL PROGRAMMES</b>
			<ul style="list-style-type: none"> <li>mHealth for NCD prevention ○</li> </ul>
			<b>SCHOOL BASED APPROCHES:</b>
			<ul style="list-style-type: none"> <li>quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●		<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
	<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b>		<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b>
	<ul style="list-style-type: none"> <li>children under 5 years ●</li> <li>children and adolescents ●</li> <li>adults ●</li> <li>older adults ●</li> </ul>		<ul style="list-style-type: none"> <li>children ●</li> <li>adolescents ●</li> <li>adults ●</li> </ul>
	<b>NATIONAL NCD COORDINATING MECHANISM</b> ●		<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
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