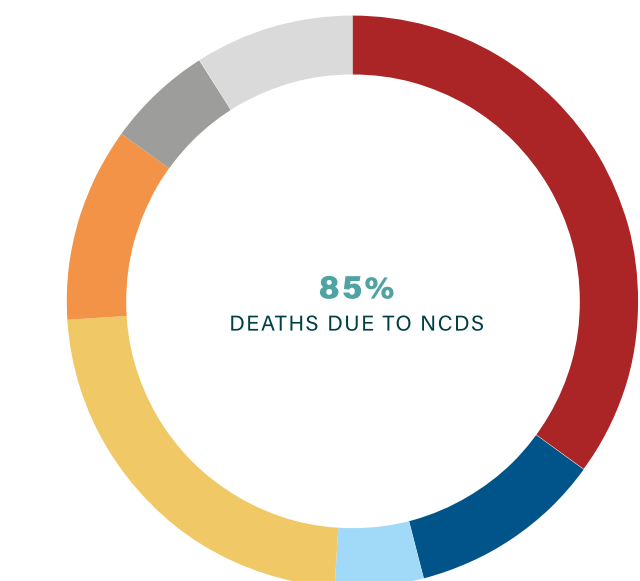


TOTAL POPULATION (2022) **930,000**POPULATION AGED <20 (%) **37**POPULATION AGED >60 (%) **10**WORLD BANK INCOME GROUP **UPPER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **12,158**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 302,313

INT\$ 721,999



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,325,446

INT\$ 7,941,984

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes ☐
- supported by environmental improvements ☐
- promoting the co-benefits of physical activity ☐



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	☒
	NATIONAL ROAD SAFETY STRATEGY	☒
	STREET DESIGN STANDARDS FOR:	
	▪ separate walking and cycling infrastructure	☐
	▪ safe pedestrian and cycling crossings	☒
	▪ management of speed	☐
	NATIONAL POLICY ON PUBLIC TRANSPORT	☒
	LEGISLATION ON:	
	▪ speed limits	☒
	▪ driving and alcohol use	☒
	▪ driving and drug use	☒
	▪ driving and mobile phone use	☒

☐ no ☒ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:	
	▪ in workplaces	☒
	▪ in childcare settings	☐
	▪ through community sports	☒
	▪ in public open spaces	☒
	▪ through walking and cycling	☐
	▪ for older adults	☐
	▪ for people with disability	☐
		NOT AVAILABLE
	BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	☒
	▪ with referral	☐
	▪ used in >50% of facilities	☒
	USE OF DIGITAL PROGRAMMES	
	▪ mHealth for NCD prevention	☒
	SCHOOL BASED APPROCHES:	
	▪ quality physical education	☐
		NOT AVAILABLE

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	☒
	NATIONAL PHYSICAL ACTIVITY POLICY	☒

☐ no ☒ yes, but not operational ☒ yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:	
	▪ children under 5 years	☐
	▪ children and adolescents	☐
	▪ adults	☒
	▪ older adults	☐
	NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	▪ children	☐
	▪ adolescents	☒
	▪ adults	☒

	NATIONAL NCD COORDINATING MECHANISM	☐
	NATIONAL TARGET FOR PHYSICAL ACTIVITY	☐

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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