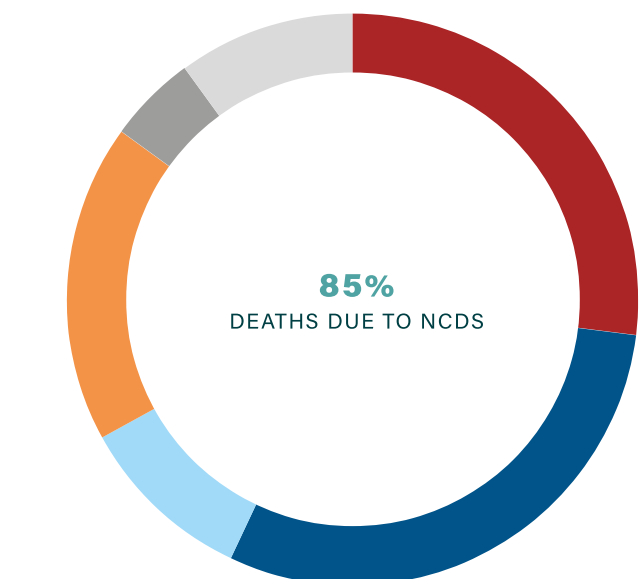


TOTAL POPULATION (2022) **123,952,000**POPULATION AGED <20 (%) **16**POPULATION AGED >60 (%) **36**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **42,100**

## NCD MORTALITY



■ cardiovascular disease    ■ cancers    ■ chronic respiratory disease  
■ diabetes    ■ other NCDs    ■ injuries  
■ communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



## PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34

37



## PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

49

53

■ male    ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## PER YEAR

US\$ 1,551,542,637

INT\$ 1,636,356,297



## CUMULATIVE BETWEEN 2020 AND 2030

US\$ 17,066,969,009

INT\$ 17,999,919,266

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



## NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes ☐
- supported by environmental improvements ☐
- promoting the co-benefits of physical activity ☐



## NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





☐ no    ☒ yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	<b>NATIONAL POLICY ON WALKING AND CYCLING</b>	<input type="radio"/>
	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b>	<input type="radio"/>
	<b>NATIONAL ROAD SAFETY STRATEGY</b>	<input type="radio"/>
	<b>STREET DESIGN STANDARDS FOR:</b>	
	▪ separate walking and cycling infrastructure	<input type="radio"/>
	▪ safe pedestrian and cycling crossings	<input type="radio"/>
	▪ management of speed	<input type="radio"/>
	<b>LEGISLATION ON:</b>	
	▪ speed limits	<input type="radio"/>
	▪ driving and alcohol use	<input type="radio"/>
	▪ driving and drug use	<input type="radio"/>
	▪ driving and mobile phone use	<input type="radio"/>

☐ no ☒ yes ☒ yes and best practice ☐ not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES





	<b>PROMOTION OF PHYSICAL ACTIVITY:</b>	
	▪ in workplaces	<input type="radio"/>
	▪ in childcare settings	<input type="radio"/>
	▪ through community sports	<input type="radio"/>
	▪ in public open spaces	<input type="radio"/>
	▪ through walking and cycling	<input checked="" type="radio"/>
	▪ for older adults	<input checked="" type="radio"/>
	▪ for people with disability	<input type="radio"/>
		NOT AVAILABLE
	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b>	<input checked="" type="radio"/>
	▪ with referral	<input checked="" type="radio"/>
	▪ used in >50% of facilities	<input type="radio"/>
	<b>USE OF DIGITAL PROGRAMMES</b>	
	▪ mHealth for NCD prevention	<input type="radio"/>
	<b>SCHOOL BASED APPROCHES:</b>	
	▪ quality physical education	NOT AVAILABLE

☐ no ☒ yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b>	<input checked="" type="radio"/>
	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b>	<input type="radio"/>

☐ no ☒ yes, but not operational ☒ yes and operational

	<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b>	
	▪ children under 5 years	<input type="radio"/>
	▪ children and adolescents	<input checked="" type="radio"/>
	▪ adults	<input checked="" type="radio"/>
	▪ older adults	<input checked="" type="radio"/>
	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b>	
	▪ children	<input type="radio"/>
	▪ adolescents	<input type="radio"/>
	▪ adults	<input checked="" type="radio"/>
	<b>NATIONAL NCD COORDINATING MECHANISM</b>	<input type="radio"/>
	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b>	<input type="radio"/>

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
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