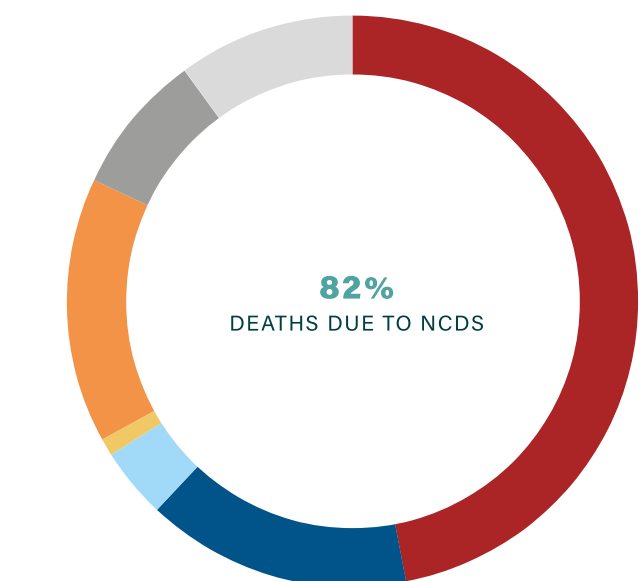


TOTAL POPULATION (2022) **6,631,000**POPULATION AGED <20 (%) **43**POPULATION AGED >60 (%) **8**WORLD BANK INCOME GROUP **LOWER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **4,985**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,412,299
 INT\$ 5,974,486



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 15,535,287
 INT\$ 65,719,345

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING			NATIONAL POLICY ON PUBLIC TRANSPORT	●
	NATIONAL ROAD SAFETY STRATEGY	●		LEGISLATION ON:	
	STREET DESIGN STANDARDS FOR:			• speed limits	●
	• separate walking and cycling infrastructure	●		• driving and alcohol use	○
	• safe pedestrian and cycling crossings	●		• driving and drug use	●
	• management of speed	○		• driving and mobile phone use	●

○ no ● yes ● yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:			BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	○
	• in workplaces	○		• with referral	○
	• in childcare settings	●		• used in >50% of facilities	○
	• through community sports	●		USE OF DIGITAL PROGRAMMES	
	• in public open spaces	●		• mHealth for NCD prevention	○
	• through walking and cycling	●		SCHOOL BASED APPROCHES:	
	• for older adults	●		• quality physical education	NOT AVAILABLE
	• for people with disability	NOT AVAILABLE			

○ no ● yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	●		NATIONAL PHYSICAL ACTIVITY POLICY	●
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○ no ● yes, but not operational ● yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:			NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	• children under 5 years	●		• children	○
	• children and adolescents	●		• adolescents	○
	• adults	●		• adults	●
	• older adults	●			
	NATIONAL NCD COORDINATING MECHANISM	●		NATIONAL TARGET FOR PHYSICAL ACTIVITY	●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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