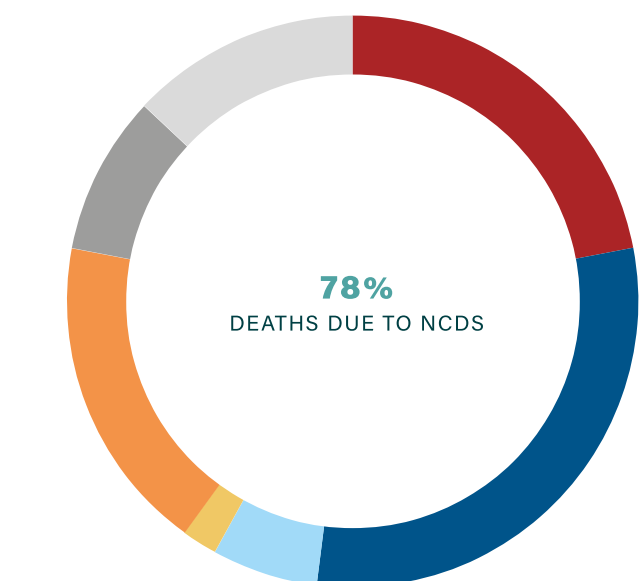


TOTAL POPULATION (2022) **51,816,000**POPULATION AGED <20 (%) **16**POPULATION AGED >60 (%) **26**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **45,226**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 280,836,502

INT\$ 401,964,284



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,089,201,517

INT\$ 4,421,607,119

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- ☐ with links to community programmes
- ☐ supported by environmental improvements
- ☐ promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	☒
	NATIONAL ROAD SAFETY STRATEGY	☒
	STREET DESIGN STANDARDS FOR:	
	- separate walking and cycling infrastructure - safe pedestrian and cycling crossings - management of speed	☒ ☒ ☒
	NATIONAL POLICY ON PUBLIC TRANSPORT	☒
	LEGISLATION ON:	
	- speed limits - driving and alcohol use - driving and drug use - driving and mobile phone use	☒ ☒ ☒ ☒

☐ no ☒ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:	
	- in workplaces - in childcare settings - through community sports - in public open spaces - through walking and cycling - for older adults - for people with disability	☐ ☐ ☐ ☐ ☐ ☐ ☐
	BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	☒
	- with referral - used in >50% of facilities	☐ ☐
	USE OF DIGITAL PROGRAMMES	
	mHealth for NCD prevention	☐
	SCHOOL BASED APPROACHES:	
	quality physical education	☐

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	☒
	NATIONAL PHYSICAL ACTIVITY POLICY	☐
	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:	
	- children under 5 years - children and adolescents - adults - older adults	☐ ☒ ☒ ☒
	NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	- children - adolescents - adults	☐ ☒ ☒
	NATIONAL NCD COORDINATING MECHANISM	☐
	NATIONAL TARGET FOR PHYSICAL ACTIVITY	☐

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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