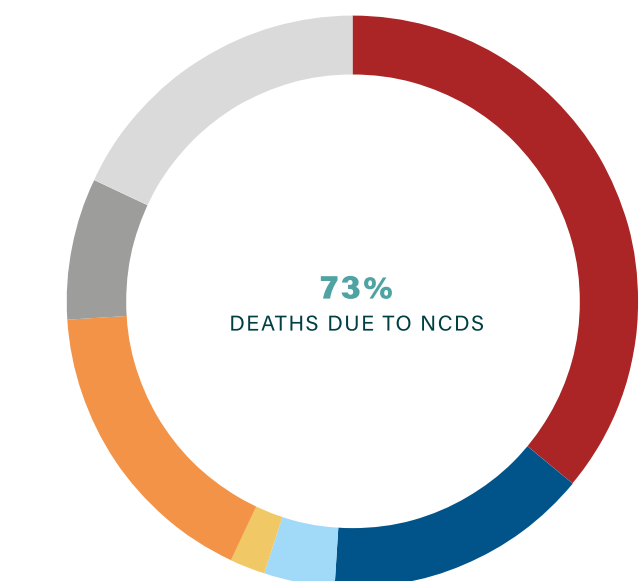


TOTAL POPULATION (2022) **33,939,000**POPULATION AGED <20 (%) **31**POPULATION AGED >60 (%) **11**WORLD BANK INCOME GROUP **UPPER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **27,921**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 113,802,832
 INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,251,831,149
 INT\$ 2,072,726,208

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	●		NATIONAL POLICY ON PUBLIC TRANSPORT	●
	NATIONAL ROAD SAFETY STRATEGY	●		LEGISLATION ON:	
	STREET DESIGN STANDARDS FOR:			▪ speed limits	●
	▪ separate walking and cycling infrastructure	●		▪ driving and alcohol use	●
	▪ safe pedestrian and cycling crossings	●		▪ driving and drug use	○
	▪ management of speed	●		▪ driving and mobile phone use	●

○ no ● yes ● yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:			BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	●
	▪ in workplaces	●		▪ with referral	○
	▪ in childcare settings	○		▪ used in >50% of facilities	●
	▪ through community sports	●		USE OF DIGITAL PROGRAMMES	
	▪ in public open spaces	●		▪ mHealth for NCD prevention	●
	▪ through walking and cycling	●		SCHOOL BASED APPROCHES:	
	▪ for older adults	●		▪ quality physical education	NOT AVAILABLE
	▪ for people with disability	NOT AVAILABLE			

○ no ● yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	●		NATIONAL PHYSICAL ACTIVITY POLICY	●
--	--	---	---	--	---

○ no ● yes, but not operational ● yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:			NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	▪ children under 5 years	○		▪ children	○
	▪ children and adolescents	●		▪ adolescents	●
	▪ adults	●		▪ adults	●
	▪ older adults	●			
	NATIONAL NCD COORDINATING MECHANISM	●		NATIONAL TARGET FOR PHYSICAL ACTIVITY	●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.
Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.
World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.
World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.
World Health Organization. (2018). Global status report on road safety 2018.