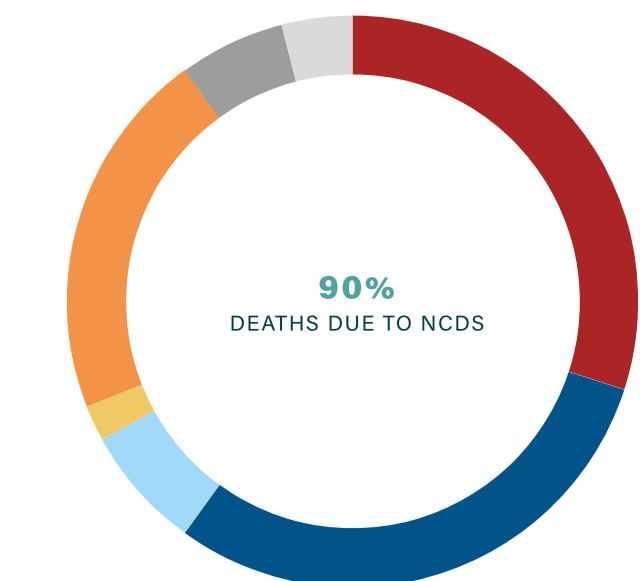


TOTAL POPULATION (2022) **5,186,000**POPULATION AGED <20 (%) **25**POPULATION AGED >60 (%) **22**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **44,658**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 54,286,416

INT\$ 58,281,590



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 597,150,572

INT\$ 641,097,487

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes ☐
- supported by environmental improvements ☐
- promoting the co-benefits of physical activity ☐



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☒

☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	☒
	NATIONAL ROAD SAFETY STRATEGY	☒
	STREET DESIGN STANDARDS FOR:	
	- separate walking and cycling infrastructure - safe pedestrian and cycling crossings - management of speed	☒ ☒ ☒
	NATIONAL POLICY ON PUBLIC TRANSPORT	☒
	LEGISLATION ON:	
	- speed limits - driving and alcohol use - driving and drug use - driving and mobile phone use	☒ ☒ ☒ ☒

☐ no ☒ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:	
	- in workplaces - in childcare settings - through community sports - in public open spaces - through walking and cycling - for older adults - for people with disability	☐ ☐ ☐ ☐ ☒ ☒ ☐ NOT AVAILABLE
	BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	☐
	- with referral - used in >50% of facilities	☐ ☐
	USE OF DIGITAL PROGRAMMES	
	mHealth for NCD prevention	☒
	SCHOOL BASED APPROACHES:	
	quality physical education	☐ NOT AVAILABLE

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	☐
	NATIONAL PHYSICAL ACTIVITY POLICY	☐

☐ no ☒ yes, but not operational ☒ yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:	
	- children under 5 years - children and adolescents - adults - older adults	☒ ☒ ☒ ☒
	NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	- children - adolescents - adults	☐ ☐ ☒
	NATIONAL NCD COORDINATING MECHANISM	☐
	NATIONAL TARGET FOR PHYSICAL ACTIVITY	☐

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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