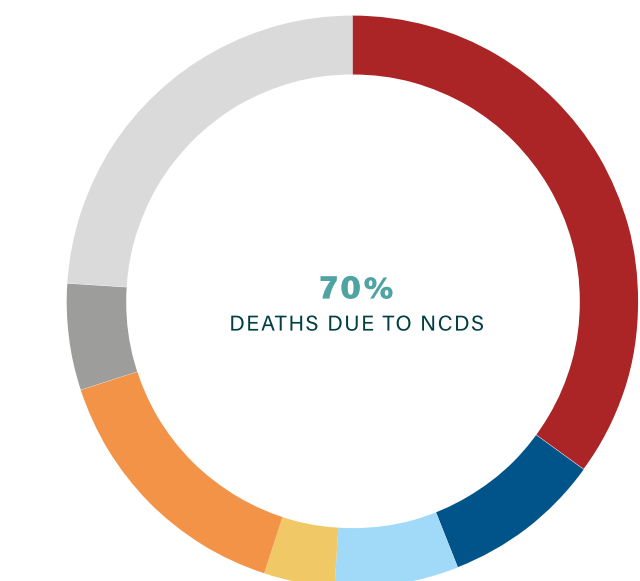


TOTAL POPULATION (2022) **115,560,000**POPULATION AGED <20 (%) **40**POPULATION AGED >60 (%) **9**WORLD BANK INCOME GROUP **LOWER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **8,394**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

93

94



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30

49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

44

65

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 109,202,917

INT\$ 277,733,614



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,201,232,084

INT\$ 3,055,069,758

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	☐
	NATIONAL POLICY ON PUBLIC TRANSPORT	☐
	NATIONAL ROAD SAFETY STRATEGY	☐
	STREET DESIGN STANDARDS FOR:	
	- separate walking and cycling infrastructure ☐ - safe pedestrian and cycling crossings ☐ - management of speed ☐	
	LEGISLATION ON:	
	- speed limits ☐ - driving and alcohol use ☐ - driving and drug use ☐ - driving and mobile phone use ☐	

☐ no ☐ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:			BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	
	- in workplaces ☐ - in childcare settings ☐ - through community sports ☐ - in public open spaces ☐ - through walking and cycling ☐ - for older adults ☐ - for people with disability ☐			- with referral ☐ - used in >50% of facilities ☐	
				USE OF DIGITAL PROGRAMMES	
				mHealth for NCD prevention ☐	
				SCHOOL BASED APPROACHES:	
				quality physical education ☐	

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	☒		NATIONAL PHYSICAL ACTIVITY POLICY	☐
	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:			NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	- children under 5 years ☐ - children and adolescents ☐ - adults ☐ - older adults ☐			- children ☐ - adolescents ☐ - adults ☐	
	NATIONAL NCD COORDINATING MECHANISM	☐		NATIONAL TARGET FOR PHYSICAL ACTIVITY	☐

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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