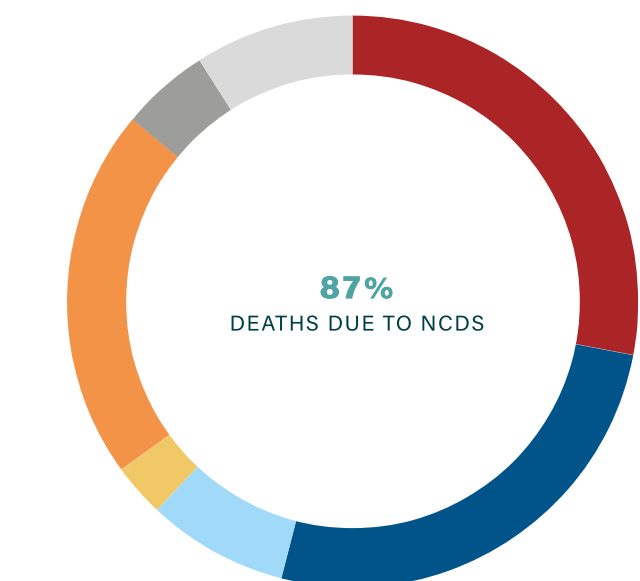


TOTAL POPULATION (2022) **10,271,000**POPULATION AGED <20 (%) **18**POPULATION AGED >60 (%) **30**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **34,177**

## NCD MORTALITY



■ cardiovascular disease    ■ cancers    ■ chronic respiratory disease  
■ diabetes    ■ other NCDs    ■ injuries  
■ communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



## PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



## PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male    ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## PER YEAR

US\$ 242,315,843

INT\$ 373,138,600



## CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,665,474,268

INT\$ 4,104,524,596

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



## NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



## NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no    ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	<b>NATIONAL POLICY ON WALKING AND CYCLING</b>	<input type="radio"/>
	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b>	<input type="radio"/>
	<b>NATIONAL ROAD SAFETY STRATEGY</b>	<input type="radio"/>
	<b>STREET DESIGN STANDARDS FOR:</b>	
	<ul style="list-style-type: none"> <li>separate walking and cycling infrastructure</li> <li>safe pedestrian and cycling crossings</li> <li>management of speed</li> </ul>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	<b>LEGISLATION ON:</b>	
	<ul style="list-style-type: none"> <li>speed limits</li> <li>driving and alcohol use</li> <li>driving and drug use</li> <li>driving and mobile phone use</li> </ul>	<input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/>

☐ no ☒ yes ☒ yes and best practice ☐ not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES





	<b>PROMOTION OF PHYSICAL ACTIVITY:</b>			<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b>	
	<ul style="list-style-type: none"> <li>in workplaces</li> <li>in childcare settings</li> <li>through community sports</li> <li>in public open spaces</li> <li>through walking and cycling</li> <li>for older adults</li> <li>for people with disability</li> </ul>	<input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/>		<ul style="list-style-type: none"> <li>with referral</li> <li>used in &gt;50% of facilities</li> </ul>	<input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/>
				<b>USE OF DIGITAL PROGRAMMES</b>	
				<ul style="list-style-type: none"> <li>mHealth for NCD prevention</li> </ul>	<input checked="" type="radio"/>
				<b>SCHOOL BASED APPROACHES:</b>	
		NOT AVAILABLE		<ul style="list-style-type: none"> <li>quality physical education</li> </ul>	NOT AVAILABLE

☐ no ☒ yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b>	<input checked="" type="radio"/>		<b>NATIONAL PHYSICAL ACTIVITY POLICY</b>	<input checked="" type="radio"/>
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☐ no ☒ yes, but not operational ☒ yes and operational

	<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b>			<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b>	
	<ul style="list-style-type: none"> <li>children under 5 years</li> <li>children and adolescents</li> <li>adults</li> <li>older adults</li> </ul>	<input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/>		<ul style="list-style-type: none"> <li>children</li> <li>adolescents</li> <li>adults</li> </ul>	<input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/>
	<b>NATIONAL NCD COORDINATING MECHANISM</b>	<input checked="" type="radio"/>		<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b>	<input checked="" type="radio"/>

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
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