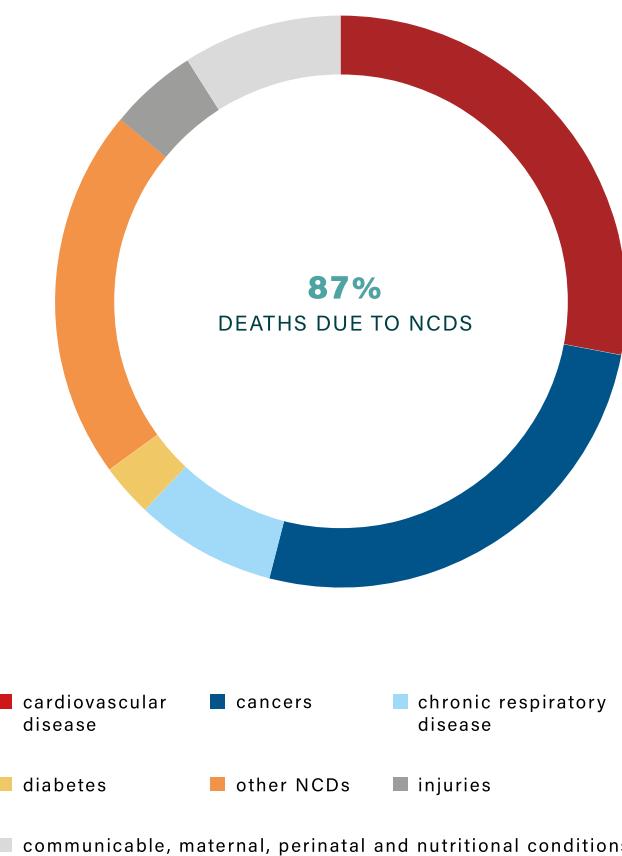


TOTAL POPULATION (2022)	10,271,000
POPULATION AGED <20 (%)	18
POPULATION AGED >60 (%)	30

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	34,177

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 242,315,843
INT\$ 373,138,600



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,665,474,268
INT\$ 4,104,524,596

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY



no yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- management of speed

- speed limits
- driving and alcohol use
- driving and drug use
- driving and mobile phone use

no yes yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- through community sports
- in public open spaces
- through walking and cycling
- for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

-
-
-
-
-
-
-

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



SCHOOL BASED APPROACHES:

- quality physical education

NOT AVAILABLE

no yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

-
-

-

-

no yes, but not operational yes and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

-
-

-

-

no yes

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