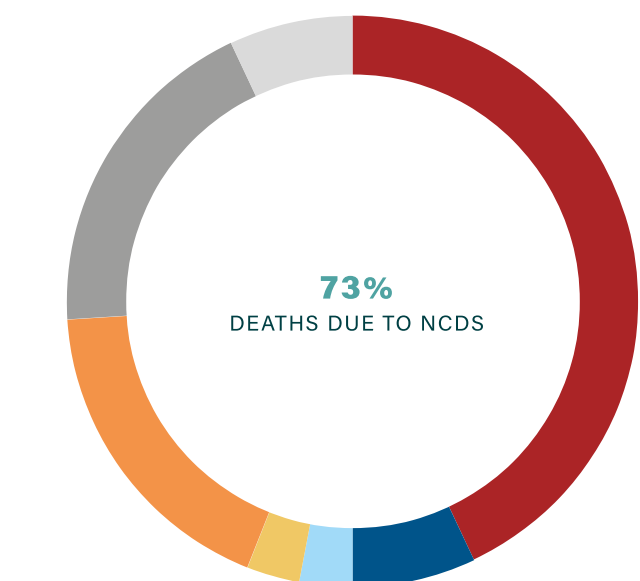


TOTAL POPULATION (2022) **36,409,000**POPULATION AGED <20 (%) **33**POPULATION AGED >60 (%) **5**WORLD BANK INCOME GROUP **HIGH**GROSS DOMESTIC PRODUCT per capita (INT\$) **46,778**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

45

65



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

61

78

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 560,379,179

INT\$ 1,302,969,983



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 6,164,170,973

INT\$ 14,332,669,812

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING ○		NATIONAL POLICY ON PUBLIC TRANSPORT ●
	NATIONAL ROAD SAFETY STRATEGY ●		LEGISLATION ON:
	STREET DESIGN STANDARDS FOR:		<ul style="list-style-type: none"> speed limits ● driving and alcohol use ○ driving and drug use ● driving and mobile phone use ●
	<ul style="list-style-type: none"> separate walking and cycling infrastructure ○ safe pedestrian and cycling crossings ● management of speed ● 		

○ no ● yes ● yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES





	PROMOTION OF PHYSICAL ACTIVITY:		BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH
	<ul style="list-style-type: none"> in workplaces ● in childcare settings ● through community sports ● in public open spaces ● through walking and cycling ● for older adults ● for people with disability ● 		<ul style="list-style-type: none"> with referral ● used in >50% of facilities ●
			USE OF DIGITAL PROGRAMMES
			<ul style="list-style-type: none"> mHealth for NCD prevention ●
			SCHOOL BASED APPROCHES:
			<ul style="list-style-type: none"> quality physical education NOT AVAILABLE

○ no ● yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY ●		NATIONAL PHYSICAL ACTIVITY POLICY ●
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○ no ● yes, but not operational ● yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:		NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:
	<ul style="list-style-type: none"> children under 5 years ● children and adolescents ● adults ● older adults ● 		<ul style="list-style-type: none"> children ○ adolescents ○ adults ●
	NATIONAL NCD COORDINATING MECHANISM ●		NATIONAL TARGET FOR PHYSICAL ACTIVITY ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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