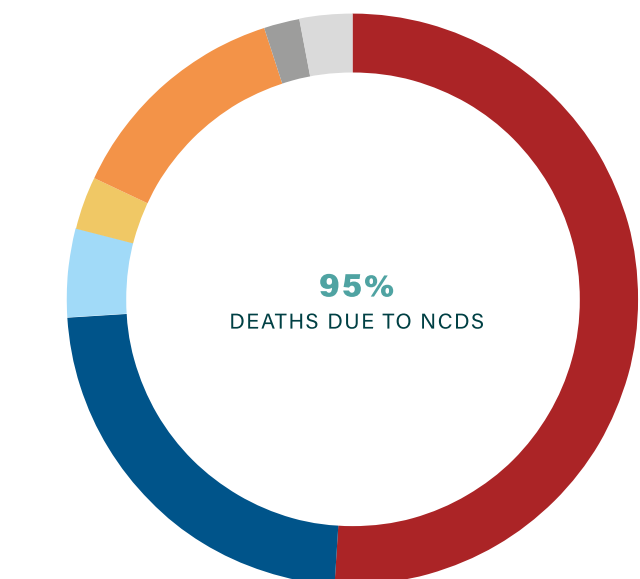


TOTAL POPULATION (2022) **7,222,000**POPULATION AGED <20 (%) **19**POPULATION AGED >60 (%) **27**WORLD BANK INCOME GROUP **UPPER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **19,094**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

35

44



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50

60

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ **43,140,235**INT\$ **106,551,108**

CUMULATIVE BETWEEN 2020 AND 2030

US\$ **474,542,583**INT\$ **1,172,062,183**

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

| | | |
|---|---|--|
|  | NATIONAL POLICY ON WALKING AND CYCLING | <input type="radio"/> |
|  | NATIONAL POLICY ON PUBLIC TRANSPORT | <input checked="" type="radio"/> |
|  | NATIONAL ROAD SAFETY STRATEGY | <input checked="" type="radio"/> |
|  | STREET DESIGN STANDARDS FOR: | |
| | <ul style="list-style-type: none"> separate walking and cycling infrastructure safe pedestrian and cycling crossings management of speed | <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> |
|  | LEGISLATION ON: | |
| | <ul style="list-style-type: none"> speed limits driving and alcohol use driving and drug use driving and mobile phone use | <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> |



☐ no ☒ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

| | | |
|---|--|---|
|  | PROMOTION OF PHYSICAL ACTIVITY: | |
| | <ul style="list-style-type: none"> in workplaces in childcare settings through community sports in public open spaces through walking and cycling for older adults for people with disability | <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> |
|  | BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH | <input type="radio"/> |
| | <ul style="list-style-type: none"> with referral used in >50% of facilities | <input type="radio"/> <input type="radio"/> |
|  | USE OF DIGITAL PROGRAMMES | |
| | <ul style="list-style-type: none"> mHealth for NCD prevention | <input type="radio"/> |
|  | SCHOOL BASED APPROACHES: | |
| | <ul style="list-style-type: none"> quality physical education | <input type="radio"/> |

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

| | | |
|---|--|--|
|  | NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY | <input checked="" type="radio"/> |
|  | NATIONAL PHYSICAL ACTIVITY POLICY | <input checked="" type="radio"/> |
|  | NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR: | |
| | <ul style="list-style-type: none"> children under 5 years children and adolescents adults older adults | <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> |
|  | NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN: | |
| | <ul style="list-style-type: none"> children adolescents adults | <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> |
|  | NATIONAL NCD COORDINATING MECHANISM | <input checked="" type="radio"/> |
|  | NATIONAL TARGET FOR PHYSICAL ACTIVITY | <input checked="" type="radio"/> |

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.
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