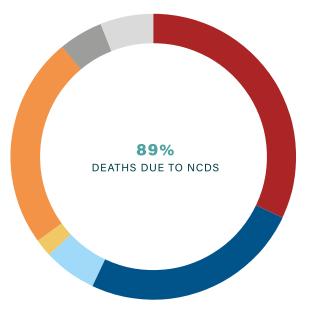
SWEDEN



TOTAL POPULATION (2022)	10,550,000
POPULATION AGED <20 (%)	23
POPULATION AGED >60 (%)	26

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	55,065

NCD MORTALITY



cardiovascular disease	■ cancers	chronic respiratory disease	
diabetes	other NCDs	■ injuries	

communicable, maternal, perinatal and nutritional conditions



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

82 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

25



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39

male female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 116,057,841 INT\$ 122,192,858



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,276,636,248 INT\$ 1,344,121,434

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

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SWEDEN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- through community sports
- in public open spaces
- through walking and cycling
- for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

0

O no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no O yes, but not operational O yes and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

O no • ves -

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