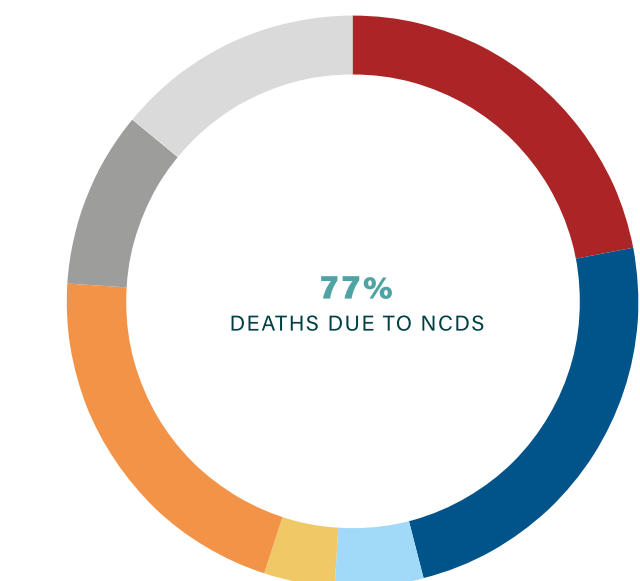


TOTAL POPULATION (2022) **71,698,000**POPULATION AGED <20 (%) **21**POPULATION AGED >60 (%) **22**WORLD BANK INCOME GROUP **UPPER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **18,198**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 66,239,212
 INT\$ 168,045,933



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 728,631,332
 INT\$ 1,848,505,265

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	●		NATIONAL POLICY ON PUBLIC TRANSPORT	●
	NATIONAL ROAD SAFETY STRATEGY	●		LEGISLATION ON:	
	STREET DESIGN STANDARDS FOR:			▪ speed limits	●
	▪ separate walking and cycling infrastructure	○		▪ driving and alcohol use	●
	▪ safe pedestrian and cycling crossings	●		▪ driving and drug use	●
	▪ management of speed	●		▪ driving and mobile phone use	●






○ no ● yes ● yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:			BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	●
	▪ in workplaces	●		▪ with referral	○
	▪ in childcare settings	●		▪ used in >50% of facilities	●
	▪ through community sports	●			
	▪ in public open spaces	●		USE OF DIGITAL PROGRAMMES	
	▪ through walking and cycling	●		▪ mHealth for NCD prevention	●
	▪ for older adults	●		SCHOOL BASED APPROACHES:	
	▪ for people with disability	NOT AVAILABLE		▪ quality physical education	NOT AVAILABLE

○ no ● yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	●		NATIONAL PHYSICAL ACTIVITY POLICY	●
	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:			NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	▪ children under 5 years	●		▪ children	○
	▪ children and adolescents	●		▪ adolescents	●
	▪ adults	●		▪ adults	●
	▪ older adults	●			
	NATIONAL NCD COORDINATING MECHANISM	●		NATIONAL TARGET FOR PHYSICAL ACTIVITY	●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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