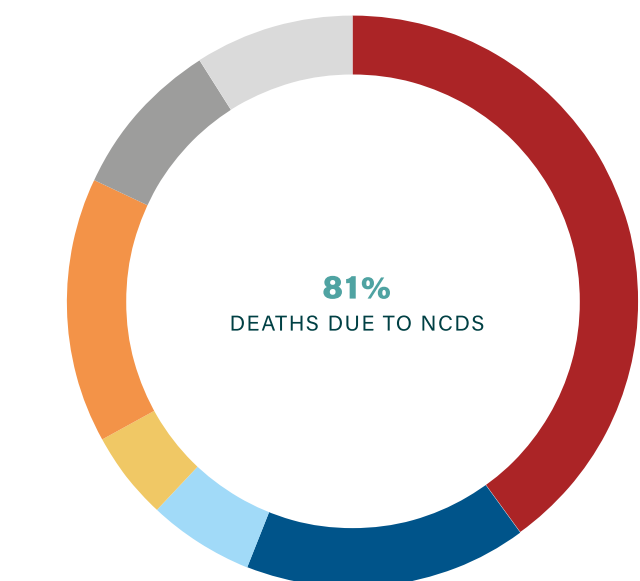


TOTAL POPULATION (2022) **98,187,000**POPULATION AGED <20 (%) **29**POPULATION AGED >60 (%) **14**WORLD BANK INCOME GROUP **LOWER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **10,904**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 78,113,635
 INT\$ 242,555,733



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 859,249,980
 INT\$ 2,668,113,063

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- ☐ with links to community programmes
- ☐ supported by environmental improvements
- ☐ promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	☐		NATIONAL POLICY ON PUBLIC TRANSPORT	☐
	NATIONAL ROAD SAFETY STRATEGY	☐		LEGISLATION ON:	
	STREET DESIGN STANDARDS FOR:			- speed limits - driving and alcohol use - driving and drug use - driving and mobile phone use	☐ ☐ ☐ ☐
	- separate walking and cycling infrastructure - safe pedestrian and cycling crossings - management of speed	☐ ☐ ☐			

☐ no
 ☐ yes
 ☒ yes and best practice
 ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:			BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	
	- in workplaces - in childcare settings - through community sports - in public open spaces - through walking and cycling - for older adults - for people with disability	☒ ☒ ☒ ☒ ☒ ☐ ☐		- with referral - used in >50% of facilities	☐ ☐ ☐
				USE OF DIGITAL PROGRAMMES	
				SCHOOL BASED APPROCHES:	
		NOT AVAILABLE		quality physical education	NOT AVAILABLE

☐ no
 ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	☒		NATIONAL PHYSICAL ACTIVITY POLICY	☒
	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:			NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	- children under 5 years - children and adolescents - adults - older adults	☐ ☐ ☐ ☐		- children - adolescents - adults	☐ ☒ ☒
	NATIONAL NCD COORDINATING MECHANISM	☐		NATIONAL TARGET FOR PHYSICAL ACTIVITY	☐

☐ no
 ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
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