NCD MORTALITY

82% DEATHS DUE TO NCDS

- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY

- PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)
  - 88
  - 87

- PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)
  - 8
  - 17

- PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)
  - 14
  - 28

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

- PER YEAR
  - US$ 47,295
  - INT$ 77,739

- CUMULATIVE BETWEEN 2020 AND 2030
  - US$ 520,243
  - INT$ 855,128

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS
  - with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- no
- yes
ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

- **NATIONAL POLICY ON WALKING AND CYCLING**
  - yes
  - yes and best practice — not available

- **NATIONAL ROAD SAFETY STRATEGY**
  - yes

- **STREET DESIGN STANDARDS FOR:**
  - separate walking and cycling infrastructure
  - safe pedestrian and cycling crossings
  - management of speed
  - yes

- **NATIONAL POLICY ON PUBLIC TRANSPORT**
  - yes

- **LEGISLATION ON:**
  - speed limits
  - driving and alcohol use
  - driving and drug use
  - driving and mobile phone use
  - yes

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

- **PROMOTION OF PHYSICAL ACTIVITY:**
  - in workplaces
  - in childcare settings
  - through community sports
  - in public open spaces
  - for older adults
  - for people with disability
  - yes

- **BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH**
  - with referral
  - used in >50% of facilities
  - yes

- **USE OF DIGITAL PROGRAMMES**
  - mHealth for NCD prevention
  - yes

- **SCHOOL BASED APPROACHES:**
  - quality physical education
  - yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

- **NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY**
  - yes, but not operational
  - yes and operational

- **NATIONAL PHYSICAL ACTIVITY POLICY**
  - yes

- **NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:**
  - children under 5 years
  - children and adolescents
  - adults
  - older adults
  - yes

- **NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:**
  - children
  - adolescents
  - adults

- **NATIONAL NCD COORDINATING MECHANISM**
  - yes

- **NATIONAL TARGET FOR PHYSICAL ACTIVITY**
  - yes

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