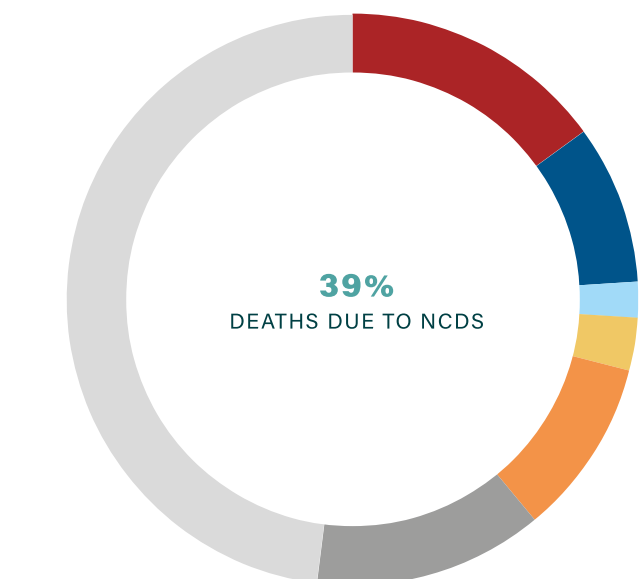


TOTAL POPULATION (2022) **16,321,000**POPULATION AGED <20 (%) **52**POPULATION AGED >60 (%) **5**WORLD BANK INCOME GROUP **LOWER MIDDLE**GROSS DOMESTIC PRODUCT per capita (INT\$) **3,537**

NCD MORTALITY



■ cardiovascular disease ■ cancers ■ chronic respiratory disease
■ diabetes ■ other NCDs ■ injuries
■ communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

23

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

35

46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,494,409

INT\$ 8,149,825



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 38,438,495

INT\$ 89,648,078

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes ☐
- supported by environmental improvements ☐
- promoting the co-benefits of physical activity ☐



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

☐
☐ no ☒ yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

	NATIONAL POLICY ON WALKING AND CYCLING	☐		NATIONAL POLICY ON PUBLIC TRANSPORT	☒
	NATIONAL ROAD SAFETY STRATEGY	☐		LEGISLATION ON:	
	STREET DESIGN STANDARDS FOR:			- speed limits - driving and alcohol use - driving and drug use - driving and mobile phone use	☒ ☒ ☒ ☒
	- separate walking and cycling infrastructure - safe pedestrian and cycling crossings - management of speed	☐ ☒ ☒			

☐ no ☒ yes ☒ yes and best practice ☐ not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

	PROMOTION OF PHYSICAL ACTIVITY:			BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH	
	- in workplaces - in childcare settings - through community sports - in public open spaces - through walking and cycling - for older adults - for people with disability	☐ ☐ ☐ ☐ ☐ ☐ ☐		- with referral - used in >50% of facilities	☐ ☐ ☐
				USE OF DIGITAL PROGRAMMES	
				SCHOOL BASED APPROCHES:	
		NOT AVAILABLE		quality physical education	NOT AVAILABLE

☐ no ☒ yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

	NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY	☒		NATIONAL PHYSICAL ACTIVITY POLICY	☐
--	--	----------------------------------	---	--	-----------------------

☐ no ☒ yes, but not operational ☒ yes and operational

	NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:			NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:	
	- children under 5 years - children and adolescents - adults - older adults	☐ ☐ ☐ ☐		- children - adolescents - adults	☐ ☒ ☒
	NATIONAL NCD COORDINATING MECHANISM	☐		NATIONAL TARGET FOR PHYSICAL ACTIVITY	☐

☐ no ☒ yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.
The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.
Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.
World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.
World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.
World Health Organization. (2018). Global status report on road safety 2018.