

Barriers to Cervical Cancer Screening

Brittany Strelow, DMSc, P.A.-C., MS and Danielle O'Laughlin, P.A.-C., MS

Background

- Trends in the United States:
 - 1 in 10 residents are born abroad
 - 21% (61 million) speak a language other than English
 - 7% speak no English
 - Immigrants have been found to have:
 - dervical, breast and colorectal cancer screening
 - advanced stages of disease = poorer survival and increased cost
- Low English proficiency has been found to contribute to:
 - Poor health
 - Low quality of healthcare
 - Reduced understanding of medical information
 - Dissatisfaction with healthcare

Cervical cancer screening

- Cervical cancer 2nd most common cancer in women
 - Foreign-born women are twice as likely to have never received a Pap test
 - >50% of new cervical cancers were in women who were rarely or never screened



Barrier to cervical cancer screening

- Lack of healthcare insurance
- Low socioeconomic status
- Undocumented legal status
- Language
- Cultural/religious barriers
- Gender of the primary care provider
- Provider access

- \ knowledge about cancer screening
- Anxiety or fear, 21-64%
- Pain, 22-68%
- Low prioritization of healthcare
- Lack of time/inflexible health organizations
- Complex scheduling systems
- Lack of transportation
- Family obligations

Africa (Somalia)



Barriers:

- Prevention versus Treatment
- Access to Healthcare
- Health Literacy
- Female Circumcision
- Clinician's Gender
- Cultural

Methods:

- Increased Provider Visits
- Established Care
- Health Literacy
- Clinician Acknowledgement
- Female Provider

Asia



Barriers:

- Clinician Gender
- English Proficiency
- Cultural
- Prevention
- Cost
- Insurance

Methods:

Patient Education

Central and South America



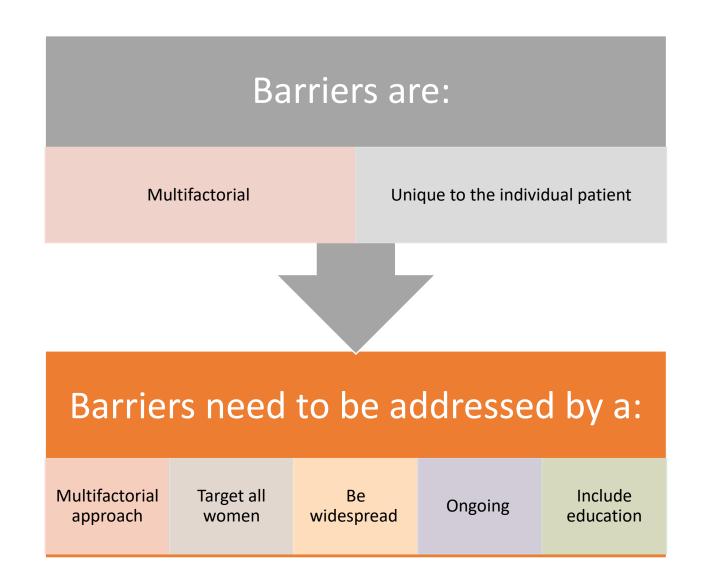
Barriers:

- Health Insurance
- Identifying Primary Care Provider
- Importance of Prevention

Methods:

- Churches
- Communication
- Social Support
- Networking

What can we do?



Interventions

- Improve interpreter services
- Increase appointment lengths
- ↓ geographic barriers (distance to testing, public transportation)
- Access to screening/reduce scheduling barriers
- Patient/provider reminders
- Education available in patient's language
 - multiple formats, spoken, visual
- Media campaigns

- Involvement of the family and community groups
- Community healthcare workers
- Screening intervention programs
- HPV vaccinations
- Female providers
- Identify patients with increased risk of anxiety, fear and pain
- Offer non-traditional appointments
- Family resources

Initiatives

- Data Cleanup
 - Outside Records
 - Hysterectomy
- Saturday Pap Clinic
- Artificial Intelligence
 - Self-Scheduling
- Improved Patient Education
- Media campaigns
- Population Targeted
 - Somali

References

- Cervical Cancer: Screening. Recommendation: Cervical Cancer: Screening, United States Preventive Services Taskforce, 21 Aug. 2018. Available from: https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening[Last accessed: 10/10/2022].
- "Detailed Report Cervical Cancer Screening." MN Health Sources, MN Community Measurement, 2020, https://www.mnhealthscores.org/medical-group-measure-detail/cervical-cancer-screening/#/results [Last accessed: 10/10/2022].
- Akinlotan M, Bolin J, Helduser J, Ojinnaka C, Lichorad A, McClellan D. Cervical Cancer Screening Barriers and Risk Factor KNowledge Among Uninsured Women. J. Community Health. 2017. 42(4): 770-778.
- Endeshaw M, Clarke T, Senkomago V, Saraiya M. Cervical cancer screening among women by birthplace and percent of lifetime living in the United States. *J Low Genit Tract Dis*. 2018;22(4):280–287.
- Morrison TB, Flynn PM, Weaver AL, Wieland ML. Cervical cancer screening adherence among Somali immigrants and refugees to
 the United States. Health Care Women Int. 2013;34(11):980–988. And 19. Odunukan OW, Abdulai RM, Hagi Salaad MF, et al.
 Provider and interpreter preferences among Somali women in a primary care setting. J Prim Care Community Health.
 2015;6(2):105–110.
- Adunlin G, Cyrus JW, Asare M, Sabik LM. Barriers and facilitators to breast and cervical cancer screening among immigrants in the United States. *J Immigr Minor Health*. 2019;21(3):606–658.
- Bruce KH, Schwei RJ, Park LS, Jacobs EA. Barriers and facilitators to preventive cancer screening in Limited English Proficient (LEP) patients: physicians' perspectives. Commun Med. 2014;11(3):235–247.
- Petersen Z, Jaca A, Ginindza T, Maseko G, Takatshana S, Ndlovu P, Zondi N, Zungu N, Varghese C, Hunting G, Parham G, Simelela P, Moyo S. Barriers to uptake of cervical cancer screening services in low-and-middle-income countries: a systematic review.
 BMC Womens Health. 2022. 22(1)L 486.
- O'Laughlin DJ, Strelow B, Fellows N, Kelsey E, Peters S, Stevens J, Tweedy J. Addressing Anxiety and Fear during the Female Pelvic Examination. J Prim Care Community Health. 2021. Jan-Dec; 12:2150132721992195. PMID: 33525968 PMCID: 7970676 DOI: 10.1177/2150132721992195
- Strelow B, O'Laughlin D. Barriers to cervical cancer screening among immigrants. JAAPA. 2022 Mar 1; 35(3): 23-27 PMID: 35120364 DOI: 10.1097/01.JAA.0000819564.35151.0a





Questions

- Brittany Strelow, DMSc, P.A.-C., MS
 - Clinical Co-Director of Development, Mayo Clinic PA Program
 - Community Internal Medicine
 - Mayo Clinic, Rochester
- Contact Information

Strelow.Brittany@mayo.edu

Linkedin: https://www.linkedin.com/in/brittany-strelow-dmsc-ms-pa-c-46510644/

- Danielle O'Laughlin, P.A.-C., MS
 - Clinical Skills Co-Director, Mayo Clinic PA Program
 - Community Internal Medicine
 - Team Lead, Primary Care Obstetrics and Gynecology Clinic
 - Mayo Clinic, Rochester, MN
- Contact Information

olaughlin.danielle@mayo.edu