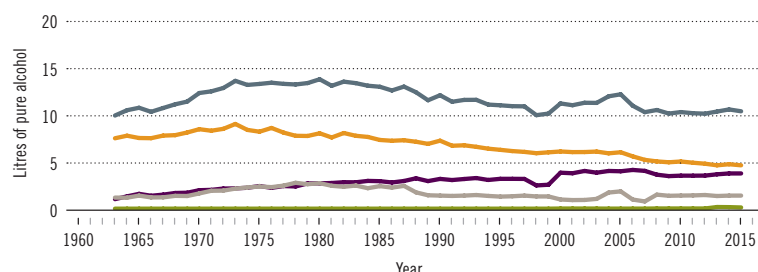


# Belgium

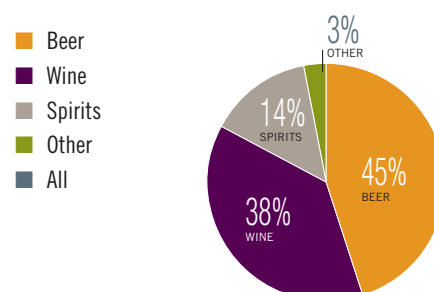
Total population (2016): 11 371 928 ► Population aged 15 years and older (15+): 83% ► Population in urban areas: 98% ► Income group (World Bank): High income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	10.2		10.4	
Unrecorded	0.5		1.0	
<b>Total**</b>	<b>11.4</b>		<b>12.1</b>	
Total males / females	18.1	5.0	19.4	5.2
WHO European Region	11.2		9.8	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	22.4
Females (15+)	7.8
Both sexes (15+)	15.9

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	49.6	57.3	53.8	68.6
Females	15.6	23.3	17.0	31.9
Both sexes	32.2	42.1	35.8	54.2

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	4.5	14.2	9.4
Former drinkers* (15+)	9.0	19.0	14.1
Abstainers (15+), past 12 months	13.4	33.2	23.5

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	14.7	6.8	77.1	63.9	1 064
Road traffic injuries, males / females	10.9	3.3	47.3	31.2	310
Cancer, males / females	204.3	129.5	7.7	4.2	1 775

\*Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 4 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	12.1	6.3
Females	4.3	2.3
Both sexes	8.1	4.3
WHO European Region	8.8	3.7

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 18
Restrictions for on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	No, No / No, No
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.02
Legally binding regulations on alcohol advertising / product placement (any)	Yes / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes