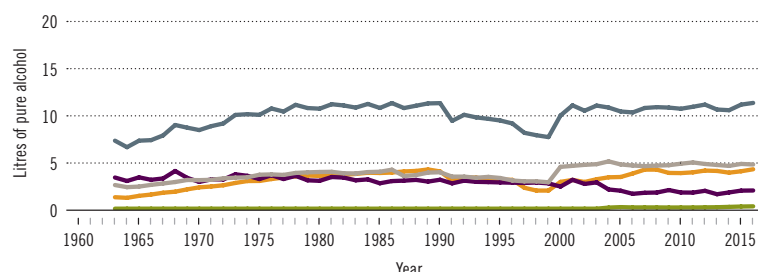


Bulgaria

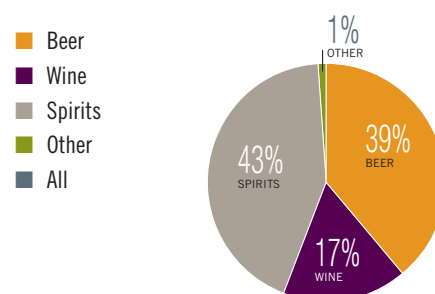
Total population (2016): 7 097 796 ► Population aged 15 years and older (15+): 86% ► Population in urban areas: 75% ► Income group (World Bank): Upper-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	10.9		11.4	
Unrecorded	1.1		1.3	
Total**	12.0		12.7	
Total males / females	19.8	4.8	21.0	4.9
WHO European Region	11.2		9.8	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	26.6
Females (15+)	9.2
Both sexes (15+)	19.2

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	52.1	65.9	51.9	76.6
Females	16.1	29.8	16.4	41.3
Both sexes	33.4	50.6	34.6	64.1

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	6.8	20.6	13.9
Former drinkers* (15+)	14.1	25.6	20.0
Abstainers (15+), past 12 months	20.8	46.1	34.0

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	33.7	7.0	79.2	62.1	1304
Road traffic injuries, males / females	13.4	3.4	48.7	36.3	241
Cancer, males / females	244.9	135.0	9.1	3.4	1 307

*Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 **4** 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	12.2	4.3
Females	1.9	0.4
Both sexes	6.9	2.3
WHO European Region	8.8	3.7

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (1973/2016) / No
Excise tax on beer / wine / spirits	Yes / No / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	No , Yes / Yes, No
Specific events / intoxicated persons / petrol stations	Yes / Yes / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes