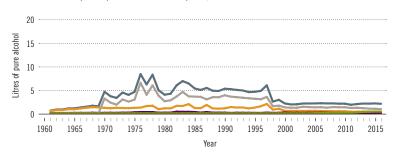
# Bahrain

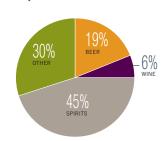
Total population (2016): 1 396 829 > Population aged 15 years and older (15+): 79% > Population in urban areas: 91% > Income group (World Bank): High income

### ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	20	10*	20	16*
Recorded	2.0		2.1	
Unrecorded	0.1		0.1	
Total**	1.9		1.9	
Total males / females	2.7	0.3	2.8	0.3
WHO Eastern Mediterranean Region	0.6 0.6		.6	

 $<sup>^{\</sup>star}$  Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017;  $^{\star\star}$  adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

Beer

Wine

**Spirits** 

Other All

	Litres
Males (15+)	24.5
Females (15+)	8.7
Both sexes (15+)	22.1

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	3.8	33.0	1.9	35.4
Females	0.4	9.4	0.2	10.5
Both sexes	2.6	29.5	1.1	30.3

<sup>\*</sup> Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

#### Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	79.6	93.4	84.4
Former drinkers* (15+)	9.0	2.8	6.8
Abstainers (15+), past 12 months	88.5	96.2	91.2

 $<sup>^{\</sup>ast}$  Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

#### HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

(AAI), 2010					
	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	15.0	9.1	31.8	11.8	14
Road traffic injuries, males / females	14.3	4.6	7.2	3.8	7
Cancer, males / females	100.9	89.9	2.1	0.5	6

<sup>\*</sup>Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016 LEAST < 1 2 3 4 5 > MOST

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	2.3	0.4
Females	0.3	0.1
Both sexes	1.6	0.3
WHO Eastern Mediterranean Region	0.8	0.4

 $<sup>^{\</sup>star}$  12-month prevalence estimates (15+);  $^{\star\star}$  including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	_/_
Excise tax on beer / wine / spirits	_/_/_
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	-/-/-
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	-/-/-
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	—/— —/—/—

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	_/_/_
Legally binding regulations on alcohol advertising / product placement (any)	<b>—/—</b>
Legally binding regulations on alcohol sponsorship / sales promotion (any)	—/—
Legally required health warning labels on alcohol advertisements / containers (any)	<b>—/—</b>
National government support for community action (any)	_
National monitoring system(s) (any)	_

<sup>\*</sup> Based on alcohol-attributable years of life lost.