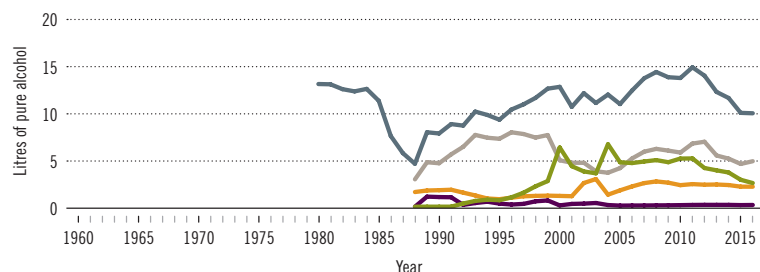


# Belarus

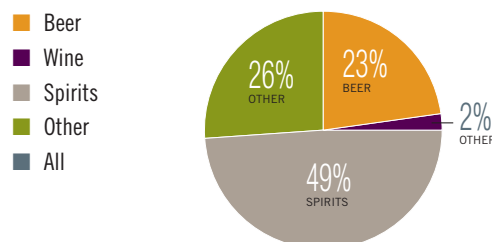
Total population (2016): 9 481 521 ► Population aged 15 years and older (15+): 84% ► Population in urban areas: 77% ► Income group (World Bank): Upper-middle income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	14.3		9.6	
Unrecorded	3.0		1.5	
<b>Total**</b>	<b>17.5</b>		<b>11.2</b>	
Total males / females	28.9	7.9	18.0	5.5
WHO European Region	11.2		9.8	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	22.8
Females (15+)	7.9
Both sexes (15+)	15.2

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	40.5	51.3	39.5	59.7
Females	12.2	17.7	11.9	24.1
Both sexes	25.1	34.1	26.1	45.0

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	5.9	8.8	7.5
Former drinkers* (15+)	15.1	22.0	18.9
Abstainers (15+), past 12 months	21.0	30.8	26.4

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	35.1	15.8	52.0	63.6	1 359
Road traffic injuries, males / females	22.2	6.6	49.6	48.9	586
Cancer, males / females	245.3	110.4	11.2	4.2	1 536

\* Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 4 **5** > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	33.9	19.6
Females	6.2	3.8
Both sexes	18.8	11.0
WHO European Region	8.8	3.7

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2001/2016) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	Yes, Yes / Yes, <b>No</b>
Specific events / intoxicated persons / petrol stations	Yes / <b>No</b> / <b>No</b>

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.029 / 0.029 / 0.029
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	Yes / Yes
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes