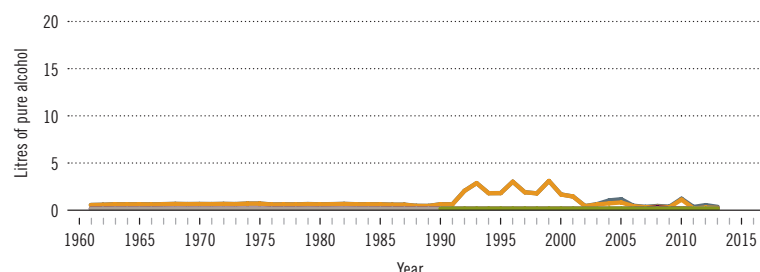


Bhutan

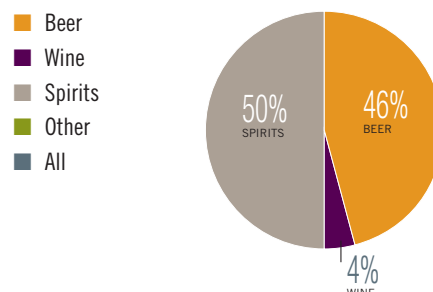
Total population (2016): 784 103 ► Population aged 15 years and older (15+): 74% ► Population in urban areas: 40% ► Income group (World Bank): Lower-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	0.5		0.2	
Unrecorded	0.7		0.4	
Total**	1.2		0.6	
Total males / females	1.9	0.3	0.9	0.1
WHO South-East Asia Region	3.5		4.5	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	2.3
Females (15+)	0.8
Both sexes (15+)	1.9

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	18.2	45.6	12.1	50.0
Females	2.8	16.0	1.6	17.6
Both sexes	11.2	37.8	6.9	41.3

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	52.5	79.6	64.8
Former drinkers* (15+)	7.6	3.1	5.6
Abstainers (15+), past 12 months	60.2	82.7	70.4

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	47.5	20.4	14.4	13.7	25
Road traffic injuries, males / females	24.2	12.5	21.8	13.1	23
Cancer, males / females	118.1	105.9	2.3	0.6	7

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 **2** 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	3.3	1.3
Females	0.6	0.2
Both sexes	2.1	0.8
WHO South-East Asia Region	3.9	2.9

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2015/—) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density	Yes, Yes / Yes, No
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.00 / 0.00
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	—