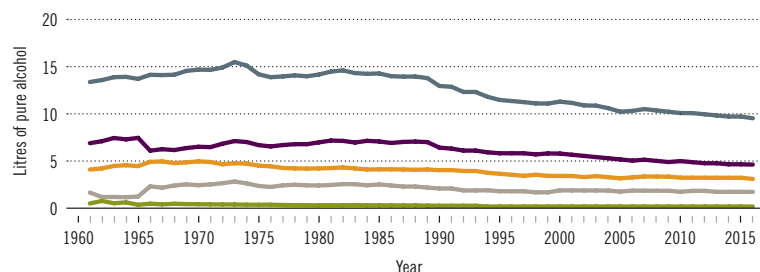


# Switzerland

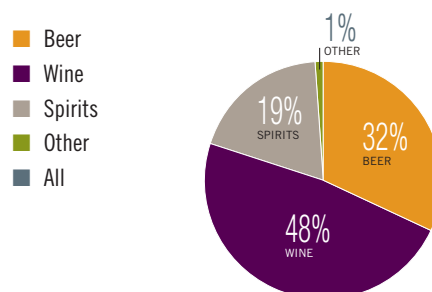
Total population (2016): 8 379 477 ▶ Population aged 15 years and older (15+): 85% ▶ Population in urban areas: 74% ▶ Income group (World Bank): High income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	10.0		9.5	
Unrecorded	0.5		1.2	
<b>Total**</b>	<b>11.4</b>		<b>11.5</b>	
Total males / females	17.9	5.1	18.1	5.1
WHO European Region	11.2		9.8	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	20.2
Females (15+)	7.0
Both sexes (15+)	14.2

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	53.4	59.6	58.6	70.6
Females	18.4	25.2	20.5	34.0
Both sexes	35.6	43.9	40.0	55.6

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	3.5	11.4	7.5
Former drinkers* (15+)	6.8	15.5	11.3
Abstainers (15+), past 12 months	10.4	27.0	18.8

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	9.4	3.7	74.9	63.3	496
Road traffic injuries, males / females	4.6	1.4	45.3	31.3	107
Cancer, males / females	170.0	112.7	7.0	3.7	1 005

\* Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 **2** 3 4 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	16.1	7.2
Females	3.2	1.4
Both sexes	9.5	4.3
WHO European Region	8.8	3.7

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2008/2012) / <b>No</b>
Excise tax on beer / wine / spirits	Yes / <b>No</b> / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 18
Restrictions on on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	<b>No, No / No, No</b> <b>No / No / No</b>

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.01 / 0.01
Legally binding regulations on alcohol advertising / product placement (any)	Yes / <b>No</b>
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	<b>No / No</b>
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes