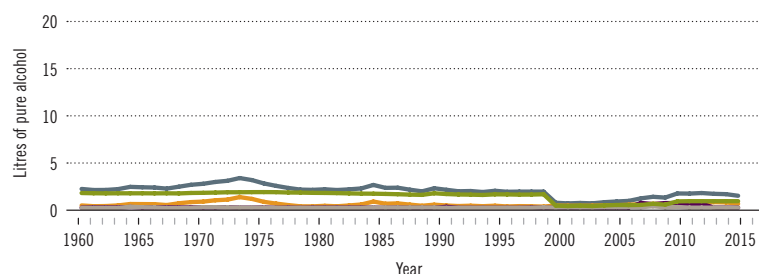


Democratic Republic of the Congo

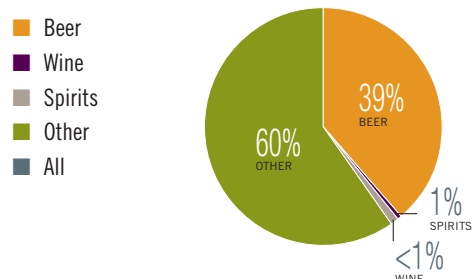
Total population (2016): 79 722 624 ► Population aged 15 years and older (15+): 54% ► Population in urban areas: 43% ► Income group (World Bank): Low income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	1.5		1.3	
Unrecorded	1.0		1.3	
Total**	2.5		2.6	
Total males / females	4.2	0.8	4.4	0.8
WHO African Region	6.3		6.3	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	8.9
Females (15+)	3.3
Both sexes (15+)	7.1

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	42.5	86.3	29.7	88.5
Females	14.0	58.6	8.5	62.3
Both sexes	28.0	77.1	19.1	81.0

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	30.4	59.6	45.1
Former drinkers* (15+)	20.5	16.6	18.5
Abstainers (15+), past 12 months	50.8	76.2	63.6

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	44.0	25.0	34.1	24.6	2 950
Road traffic injuries, males / females	58.4	20.2	39.1	35.4	10 542
Cancer, males / females	160.8	132.1	2.5	0.9	653

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 **5** > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	9.1	3.1
Females	1.0	0.4
Both sexes	5.0	1.7
WHO African Region	3.7	1.3

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Subnational / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density	Yes, Yes / Yes, No
Specific events / intoxicated persons / petrol stations	No / Yes / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Legally binding regulations on alcohol advertising / product placement (any)	Yes / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	No
National monitoring system(s) (any)	No