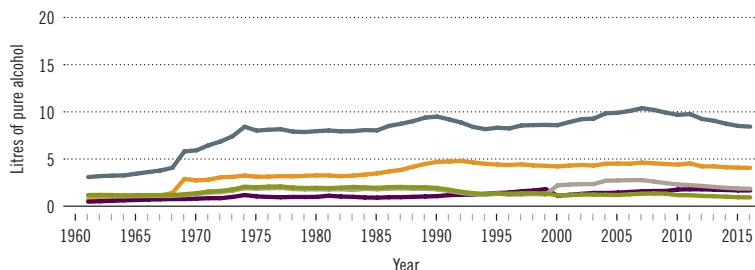


# Finland

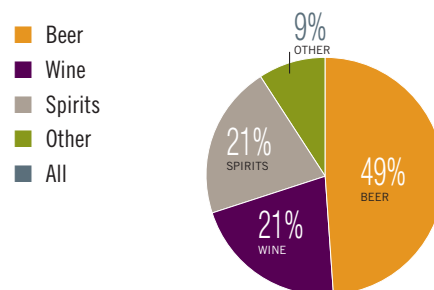
Total population (2016): 5 523 904 ► Population aged 15 years and older (15+): 84% ► Population in urban areas: 84% ► Income group (World Bank): High income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	9.8		8.4	
Unrecorded	2.3		2.0	
<b>Total**</b>	<b>12.6</b>		<b>10.7</b>	
Total males / females	20.0	5.5	17.2	4.4
WHO European Region	11.2		9.8	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	20.6
Females (15+)	7.2
Both sexes (15+)	14.8

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	44.7	53.3	49.1	65.6
Females	12.6	20.4	14.0	29.0
Both sexes	28.3	39.0	31.9	51.6

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	5.5	17.1	11.4
Former drinkers* (15+)	10.7	21.2	16.1
Abstainers (15+), past 12 months	16.2	38.3	27.5

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
	Per 100 000 population (15+)	Per 100 000 population (15+)	Per 100 000 population (15+)	Per 100 000 population (15+)	
Liver cirrhosis, males / females	27.6	9.1	75.7	61.1	849
Road traffic injuries, males / females	6.7	2.3	43.4	28.7	94
Cancer, males / females	162.1	111.5	6.3	3.6	623

\*Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 **3** 4 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	14.8	7.2
Females	3.8	1.9
Both sexes	9.1	4.5
WHO European Region	8.8	3.7

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2003/2015) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 20
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	Yes, Yes, / Yes, Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	<b>No / No</b>
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes