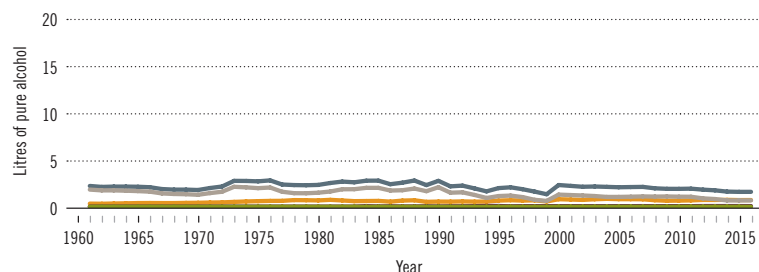


# Guatemala

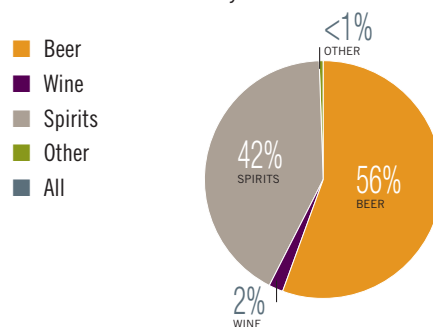
Total population (2016): 16 672 956 ► Population aged 15 years and older (15+): 64% ► Population in urban areas: 52% ► Income group (World Bank): Lower-middle income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	2.0		1.6	
Unrecorded	1.5		0.9	
<b>Total**</b>	<b>3.5</b>		<b>2.4</b>	
Total males / females	6.1	1.1	4.3	0.7
WHO Region of the Americas	8.2		8.0	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	11.2
Females (15+)	4.2
Both sexes (15+)	9.0

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	17.2	44.6	11.8	48.2
Females	2.5	14.9	1.5	16.7
Both sexes	9.5	35.0	6.7	39.7

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	23.9	51.2	38.2
Former drinkers* (15+)	37.5	31.8	34.6
Abstainers (15+), past 12 months	61.4	83.1	72.7

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	60.8	24.6	39.2	23.0	1 070
Road traffic injuries, males / females	40.8	7.8	22.3	13.5	548
Cancer, males / females	104.6	104.9	3.8	1.9	219

\* Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 **4** 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	9.5	3.9
Females	3.7	1.8
Both sexes	6.4	2.8
WHO Region of the Americas	8.2	4.1

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	<b>No / —</b>
Excise tax on beer / wine / spirits	<b>Yes / Yes / Yes</b>
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	<b>18 / 18 / 18</b>
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	<b>18 / 18 / 18</b>
Restrictions on on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	<b>Yes, — / Yes, — — / No / —</b>

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	<b>No / No / No</b>
Legally binding regulations on alcohol advertising / product placement (any)	<b>No / No</b>
Legally binding regulations on alcohol sponsorship / sales promotion (any)	<b>No / No</b>
Legally required health warning labels on alcohol advertisements / containers (any)	<b>— / —</b>
National government support for community action (any)	<b>Yes</b>
National monitoring system(s) (any)	<b>No</b>