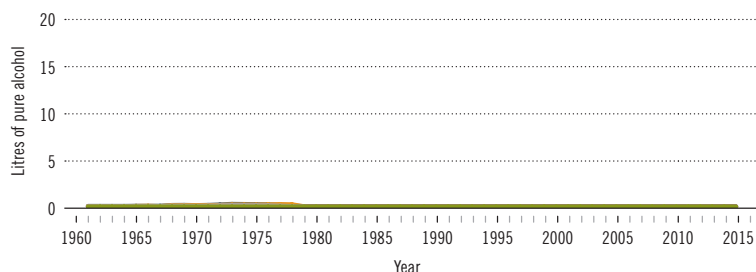


# Iran (Islamic Republic of)

Total population (2016): 79 109 272 ▶ Population aged 15 years and older (15+): 76% ▶ Population in urban areas: 75% ▶ Income group (World Bank): Upper-middle income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available

■ Beer  
■ Wine  
■ Spirits  
■ Other  
■ All



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	0.0		0.0	
Unrecorded	1.0		1.0	
<b>Total**</b>	<b>1.0</b>		<b>1.0</b>	
Total males / females	1.9	0.1	1.9	0.1
WHO Eastern Mediterranean Region	0.6		0.6	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	31.5
Females (15+)	11.3
Both sexes (15+)	28.4

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	0.3	4.7	0.1	5.4
Females	0.0	0.6	0.0	0.7
Both sexes	0.1	4.1	0.1	4.8

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	93.4	98.7	96.0
Former drinkers* (15+)	0.7	0.2	0.4
Abstainers (15+), past 12 months	94.0	98.9	96.5

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	11.4	7.7	17.2	2.7	477
Road traffic injuries, males / females	54.8	17.7	3.3	1.6	630
Cancer, males / females	153.2	111.9	0.7	0.1	264

\*Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 4 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	1.8	1.2
Females	0.1	0.1
Both sexes	1.0	0.6
WHO Eastern Mediterranean Region	0.8	0.4

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Total ban
Excise tax on beer / wine / spirits	Total ban
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	Total ban
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	Total ban
Restrictions for on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	Total ban
Specific events / intoxicated persons / petrol stations	Total ban

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	Zero tolerance
Legally binding regulations on alcohol advertising / product placement (any)	Total ban
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Total ban
Legally required health warning labels on alcohol advertisements / containers (any)	Total ban
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes